

THE CHRONICLE

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Tennis turmoil

Women's tennis head coach Jody Hyman unexpectedly resigned during spring break. For the full story, see Sports pg. 11.



STEVE JOHNSON/THE CHRONICLE

Poetry in motion

Acclaimed Chinese-American poet Li-Young Lee reads his poetry Tuesday evening in DUMA's North Gallery. The presentation was part of the Blackburn Literary Festival.

Local leaders discuss priorities for alternative school

By ROD FELNER

School board members and other community leaders discussed at length last night the future of Holloway Street Advancement Center, Durham's alternative school for delinquent middle and high school students.

The two-year-old educational center has been criticized recently for a lack of adequate resources such as library books, software and a properly trained staff, includ-

School board seeks solutions for troubled facility

ing a guidance counselor, social worker and psychologist. Many community members have labeled the school a "dumping ground" for misbehaving students.

The leaders of an internal administrative committee—which was formed recently by Superintendent Ann Dangler to investigate the school's situation and propose

solutions—reported their initial findings and suggestions at last night's Board of Education meeting at the Fuller Education Center.

Marvin Pittman, executive director of high school instructional outcome, and Elias Woods, executive director of middle school instructional outcome, outlined a number of educational priorities for the

alternative school, such as implementing a strong school-to-work program; adding a strong mentoring initiative; providing service learning opportunities; creating a strong behavioral management system and enforcing a flexible class schedule.

They also stressed a need for clearly defined criteria for students' admission and re-

lease, as well as a period of support during students' transition into the facility.

Following the presentation by Pittman and Woods, Reverend Curtis Gutawood, president of the Durham chapter of the National Association for the Advancement of Colored People, announced to the board members that starting as early as today his organization will be sending members to Holloway in an effort to pro-

See BOARD on page 12 ▶

Right here, right NOW

Feminist leader uses personal experiences as fuel for activist fire

By JIMMY DAUB

As a flight attendant for Pan American World Airline, Patricia Ireland "took people's garbage and thanked them for it" for eight years. It is the discrimination she faced as a woman in this workplace—including the denial of health benefits to her family—and to others that has fueled her impassioned commitment to women's rights.

More than 30 years after her unpleasant experiences in the sky, Ireland is at the forefront of feminist activism as president of the National Organization for Women, the largest and most successful feminist organization in the United States.

Since she assumed the presidency in

1991, after serving as executive vice president and treasurer for four years, she has spearheaded the organization's efforts to defend women's abortion rights, elect more women to political office, address international feminist issues and forge coalitions with other social justice and civil rights groups.

Ireland will be speaking tonight at 7 p.m. in Griffith Film Theater as part of a speakers' series titled "Faces of Feminism," which is sponsored by The Women's Coalition, the Women's Center and the Panhellenic Council. Ireland will sign copies of her book, "What Women Want," at a reception in the Gothic Bookshop following her speech.

Adjusting to a lifestyle which Ire-

land calls a "workaholic's dream" has been her greatest personal challenge. "There is always more work to do and to me that is infinitely important," Ireland said. "I'm really lucky. I get to watch HBO in a hotel room after coming back from a speaking engagement and grab fast food and eat on the way to the van. But I really want to convey that this is also an enormously satisfying way to live and... it is such a privilege... to be able to say that I think my life is actually meaningful and that I have [made] an impact."

Ireland's tenure as NOW president has witnessed several significant victories for women's rights in the legisla-



SPECIAL TO THE CHRONICLE

See IRELAND on page 8 ▶

Patricia Ireland

World and National

Newsfile

From wire reports

Funds threatened: The United States Department of Education has warned Texas officials that the state could lose federal higher education funds unless it maintains affirmative-action programs in its university system—programs the Texas attorney general says are illegal under a federal court ruling.

Company fined: The Labor Department fined Atlanta poultry company Cagle's Inc. nearly \$1.3 million, accusing it of equipping safety violations at a plant where two employees lost fingers and a third lost a foot in deboning machinery.

Jackson names: Self-proclaimed King of Pop Michael Jackson has chosen a firing name for his hair: Prince Michael Jackson Junior. The name is a tribute to the men in Jackson's family, not to the artist formerly known as A&A.

Weather

Thursday

High: 73 • Sunny
Low: 53 • Winds: easterly
Detailed names for Michael's son:
The Wolf, Bubble, Elvis, Action.



Palestine defies Israeli call to cooperate

By **MILARY APPELMAN**
Associated Press

JERUSALEM — A Palestinian security chief repudiated defiantly Tuesday to Israeli demands to crack down on Islamic militants, saying cooperation with Israel on security issues depends on progress in peace talks.

"Palestinian security cooperation was buried with the first bulldozer that went up on Jabal Abu Ghannim," said West Bank security chief Jibril Rajoub, using the Arab name for the hill where Israel is building a Jewish neighborhood in disputed east Jerusalem.

Palestinians in the West Bank towns of Bethlehem and Hebron staged a sixth day of violent protests against the project Tuesday, with Israeli troops firing tear gas and rubber bullets at hundreds of stone-throwing Palestinians.

Eight Palestinians were injured by rubber bullets in Bethlehem, and at least two Israeli soldiers were hurt.

Prime Minister Benjamin Netanyahu has accused Palestinian leader Yasser Arafat of giving the go-ahead to Islamic militants to carry out attacks against Israelis, and has demanded that Palestinians take steps to combat terrorism before peace agreements can go forward.

Israeli and Palestinian security cooperation has been frozen at every

level because of the breakdown in relations, including putting a halt to joint Israeli-Palestinian patrols in most West Bank cities.

Palestinian police refused Tuesday to allow a dozen Jewish students to return to their seminary in the West Bank city of Nablus, saying it could not be coordinated with Israeli troops.

Israeli-Palestinian peacekeeping had been one of the clear successes of the peace accords, with security officers on both sides building mutual trust and respect through their work

together.

Using their homegrown intelligence source, Palestinian forces would arrest militants if they got word that a suicide bombing against Israel was in the works, and Palestinians and Israelis met regularly on security problems.

Rajoub refused Netanyahu's demand to remove that cooperation, saying Netanyahu's decision to build Jewish housing in east Jerusalem was what sparked the crisis.

See ISRAEL on page 7 ▶

Federal Reserve announces quarter-point rate increase

By **MARTIN CRUTSINGER**
Associated Press

WASHINGTON — The Federal Reserve nudged interest rates higher Tuesday for the first time in two years, hoping to stifle any threat of rising inflation. Banks immediately began raising the rates paid by millions of Americans.

Analysts suggested the Fed's quarter-point increase was not the end of the story, with two or three more bumps likely by the end of the year to

slow the surprisingly strong economy.

The central bank characterized its increase as "a prudent step" that would guard against higher inflation and the risk of recession.

But critics were unswayed, charging that there is no inflation to prevent and the central bank's credit tightening actually raised the risks of recession.

"In one fell swoop, the Fed has

See RATE on page 5 ▶

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Helms reconsiders weapons treaty during Albright visit

From wire reports

WINGATE, N.C. — Call it a goodwill visit to the lion's den. Or maybe the diplomatic version of a State Department engagement with a potential foreign foe.

While Vice President Al Gore was in Beijing meeting national leaders and encouraging good relations, Secretary of State Madeleine Albright did much the same thing Tuesday with Senate Foreign Relations Chairman Jesse Helms, R-N.C. on his own political turf.

Near the end of their day together, Albright said the two were "developing a pretty good friendship" and Helms declared in a joint news conference that he was ready to negotiate Senate ratification of a chemical weapons treaty—one of the highest priorities of the Clinton administration. Until now, Helms has blocked the treaty, which is set to go into effect without U.S. participation April 29.

"If they sit down and be realistic about it, there's certainly a chance we'll get a treaty," said Helms, who has previously

insisted on State Department and U.N. reform as well as changes in the treaty before he'll let it go to the Senate floor for a ratification vote.

"It's an overrated treaty. It's not going to do one thing — to protect Americans," Helms said when asked about his previous rock-solid opposition. "It maybe has some good points that are sort of hard for me to find, but I'll go ahead and look for them, particularly with the secretary."

N.C. briefs

Helms said he would schedule a hearing on the treaty April 9, two days after Congress gets back from its spring recess.

In her address to Wingate University, where Helms attended school, Albright called for treaty ratification and dismissed complaints from opponents such as Helms that it's not verifiable and that nations like Iraq and Libya won't sign.

"It's like saying that because some peo-

ple misuse drugs, there is no point in passing a law against drug smuggling," Albright said in her prepared remarks. "We can't let the bad guys write the rules."

But she complimented Helms for being open-minded, and she made a bid for bipartisanship, saying, "The two that bind America are far stronger than disagreements over any particular policy and far more durable and profound than any party affiliation."

Judge dismisses atheist: An 86-year-old atheist does not intend to let a federal judge have the final word in his struggle to have the Ten Commandments removed from the Haywood County Courthouse in Waynesville, N.C.

U.S. District Judge Lucy Thornburg dismissed Richard Schem's lawsuit last week, ruling that he lacked the proper legal standing to sue.

That means the Ten Commandments will remain in the courthouse, where they

have been since the building opened in 1951. The commandments are carved into two marble tablets that are bolted to a courtroom wall, next to a sculpture of Lady Justice.

But Schem said he intends to take his fight to the U.S. Court of Appeals, and he promised that he would eventually win his battle to enforce the separation of church and state.

Schem's attorney, George Daly of Charlotte, said his client would probably receive a more sympathetic hearing on appeal.

"I think the ruling is dead wrong," said Daly, who has been hired by the N.C. Civil Liberties Union to represent Schem. "This is an issue that gets litigated very frequently with respect to religion."

Thornburg ruled that Schem had failed to prove that he had been directly harmed or affected by the presence of the Ten Commandments in the courthouse, or that the tablets were likely to cause him any injury in the future.

Famed Watergate journalist to deliver lecture on ethics

From staff reports

Bob Woodward, renowned journalist of Watergate fame from The Washington Post, will deliver the annual James D. Ewing Lecture on Ethics in Journalism at the Fleishman Commons of the Terry Sanford Institute of Public Policy April 3 at 8 p.m.

Watergate scandal.

Woodward has authored or co-authored eight books, including the well-known "All the President's Men," which was published in 1974. The lecture is free and open to the public. Sponsored by the DeWitt Wallace Center for Communications and Journalism, it is named in honor of Ewing, who is vice chair and treasurer of the International Center for Journalists and publisher emerita of The Kennebec Sentinel in New Hampshire.

Diplomat to speak: Jack Matlock, U.S. ambassador to the Soviet Union from 1987 to 1991, will deliver a speech titled "The Future of U.S.-Russian Relations," April 7 at 4 p.m. in the Levine Sc-

See MATLOCK on page 9 >

News briefs

Woodward—who has worked with the Post since 1971 and is currently an assistant managing editor of the newspaper—named in 1973, along with his investigative reporting partner Carl Bernstein, a Pulitzer Prize for the paper for their work pertaining to the

BOSSSES OF THE UNION

The following individuals were recently appointed to the University Union (197-98) Executive Committee:

 <p>President Vice President of Programming Executive Vice President Executive Secretary Communications Director Facilities Chair Finance Chair</p>	<p>Emmy Andrews Heather Eeod Grec Jason Laurin Hutchinson Alyssa Alexander Amir Rashid-Farooki Kirsten Fauver</p>
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Health & Research

Laser treatment effective for coronary disease patients

By KEVIN DAVID

If the Food and Drug Administration approves the findings of a recent Medical Center study, coronary artery disease patients who do not find relief in available therapies may find a new path to recovery.

Dr. James Lowe, professor of surgery at the Medical Center, presented findings of a 12-center study on transmyocardial revascularization to the American College of Cardiology last week.

Physicians who perform the procedure use a laser to create new blood channels to supply underoxygenated heart muscle with oxygen and other nutrients. Patients suffering from coronary artery disease usually experience great pain and tire easily because their hearts do not receive an adequate blood supply.

The procedure targets the heart's left ventricle, the chamber primarily responsible for pumping oxygenated blood. In theory, the idea was to create channels in the left ventricle so that the blood "could get out," Lowe said. The laser, he said, leads to an inflammatory response, which over a period of months is responsible for the creation of new blood channels.

As a result of the procedure, between 20 and 40 new channels can form inside the coronary tissue, and holes on the heart's surface heal very quickly. A patient can usually leave the hospital four days after the procedure.

Lowe said that studies of reptilian

hearts played an early role in the development of the treatment. "Physicians have known for a long time that reptilian hearts do not have coronary arteries," Lowe said. Oxygen-rich blood simply diffuses from the left ventricle to other areas of the heart without passing through specialized channels such as the coronary arteries found in mammals.

Lowe said that TMR will most likely be used as a last resort by patients who have not found relief from more traditional procedures such as coronary artery bypass surgery or balloon angioplasty.

Bypass surgery entails transferring a segment of a leg vein to heart vessels to

direct blood flow around blocked areas. Balloon angioplasty involves threading a balloon through the blocked arteries and then inflating it, thereby clearing the blockage.

Because potential TMR patients have not fared these conventional therapies to be useful, their quality of life has often been drastically lowered, Lowe said. "This therapy is for people who have no other choices," he said. "These are a very tragic group of patients... [Some] can't walk across campus to class without getting crushing heart pain."

TMR has proven to be very successful in improving the quality of life for these kinds of patients, Lowe said. Of the 198

patients in the study, about 71 percent of the patients treated with TMR experienced decreased chest pain, Lowe said.

Other physicians said they feel this procedure will lead to improvements in cardiac care. "Lowe has confirmed that this is a real honest-to-goodness thing," said Dr. Lawrence Cohn, chief of cardiac surgery at Brigham and Women's Hospital in Boston, who was a co-investigator of the study. "It was an excellent paper... He's taken the lead on this for the patient that can't have any conventional treatment."

Cohn said he expects the FDA will approve the therapy for clinical use sometime this year.

Researchers find decline in chronic disability

From staff reports

University researchers say that chronic disability among the elderly in the United States has continued to decline, a finding that may influence government health programs.

Kenneth Manton and Eric Stallard, research professors at the University's Center for Demographic Studies, and Larry Corley, associate research professor at the center, found that from 1982 to 1984, chronic disability rates for Americans 65 and older decreased by almost 15 percent.

Chronically disabled people include those who must stay in a long-term

nursing center, as well as those who are unable to perform at least one activity of daily living, such as bathing or dressing, for a period of three months or more.

In 1984 there were about 7.1 million chronically disabled Americans. If disability rates had not declined between 1982 and 1984, Manton said, there would be about 1.2 million more chronically disabled Americans than there are today.

Manton said advances in medical technology have played a major role in the decline of chronic disability. "For example," Manton said, "doctors were

performing things like hip replacements, treatments for osteoporosis and various other types of orthopedic surgical procedures in the early 1980s, but they have generally become more prevalent, more successful and more cost-effective in time has gone on."

The researchers said their trends may affect health expenditure programs such as Social Security, Medicare, and Medicaid.

Additionally, the results could lead to changes in housing design for the elderly. "You might have an apartment complex that is built for people with mobility limitations," Manton said.

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Department of Duke University Services

HOLY WEEK in DUKE CHAPEL



March 26	12:00 Noon	Holy Week Service of Worship Prayer: The Reverend Dr. Betty Allen, Co-minister, Wesley United Methodist Fellowship, Duke Chapel
March 27	12:00 Noon	Holy Week Service of Worship , Proctor: The Reverend Dr. William H. Williams, Dean of the Chapel
	8:30 p.m.	Choral Vespers, with special music for Maundy Thursday
	7:00 p.m.	Foot Washing Service , Memorial Chapel
	7:30 p.m.	Service of the Lord's Supper and Stripping of the Altar , The Reverend Dr. William H. Williams,* Mass of the Lord's Supper (Catholic)
March 28	12:00 Noon	University Service of Good Friday Proctor: The Reverend Dr. William H. Williams (Prayers of the Stations of the Cross will begin at the Ryan Center at 11:30 a.m.) followed by prayerful meditation and musical music until 3:00 p.m.
	7:00 p.m.	Service of the Lord's Supper (Catholic)
	7:30 p.m.	Solemn Service of Institution , Proctor: The Reverend Dr. William H. Williams*
March 29	7:30 p.m.	The Catholic Easter Vigil
Holy Saturday	10:00 p.m.	University Easter Vigil Proctor: The Reverend Anne Briggs-Cappie, Episcopal Campus Minister, The Reverend Nancy Stroop-Clark, Pastor to the Congregation at Duke Chapel

China announces major corporate deals during Gore visit

By JOHN KING
Associated Press

BEIJING — With Vice President Al Gore on hand to celebrate, China signed lucrative deals Tuesday with Boeing and General Motors and agreed to allow the United States to maintain its Hong Kong consulate when the colony reverts to Chinese rule.

In an agreement worth \$280 million to Seattle-based Boeing Corp., China's civil aviation authority arranged to purchase five of the aerospace giant's 777-300 series passenger jets.

And General Motors Corp. said it was launching a \$1.3 billion joint venture with a Chinese automaker to manufacture 100,000 Buick Regal and Century sedans a year in China.

Clinton administration officials traveling with Gore hailed the agreements as evidence that China was becoming a more reliable partner—and

as proof that the policy of engagement was bearing fruit.

Last spring, in a blow to Boeing, China ordered \$1.5 billion in planes from Airbus Industrie of Europe, delayed a \$4 billion aircraft deal with Boeing and other companies and chose a consortium led by British Aerospace and Aerospatiale of France as partners to build a 100-seat jetliner.

The trade announcements came as Gore opened two days of talks with China's leaders. It marked the highest-level U.S. visit in eight years—since then-President George Bush was here four months before the 1989 crackdown on pro-democracy demonstrators in Tiananmen Square.

Premier Li Peng attended the signing ceremonies with Gore, and the two met throughout the day. Gore met with President Jiang Zemin Wednesday to provide a framework for Jiang's state visit to Washington this fall.

Just inside the Great Hall of the

People on the edge of Tiananmen Square, Li greeted Gore with a handshake and they stood stiffly on a platform while a military band played the Chinese and U.S. national anthems.

"Thank you for greeting me, for welcoming me here," said Gore. The vice president and his wife, Tipper, were also presented bouquets of flowers by two young school children.

Gore's agenda was crowded with areas of friction—disputes over human rights and U.S. access to Chinese markets and American displeasure with China's sale of missile technology and weapons to nations the United States considers unfriendly.

But he said his overriding mission was to demonstrate the U.S.-China relationship was maturing to a level of understanding that would allow cordial daily relations despite disagreements.

To make his case that it was time to

take the relationship to a new level, Gore cited a Chinese poem from the Tang Dynasty, which ended 1,100 years ago:

"The sun beyond the mountain glows

"The Yellow River seaward flows

"But if you desire a grander sight,

"Then you must scale a greater height."

Gore also sought China's help on two fronts: in convincing North Korea to join South Korea in formal peace talks, and in working to lower emissions of so-called greenhouse gases even as China relies on coal to meet energy needs starting to match economic growth.

Gore said his mission would not be derailed by allegations China tried to funnel money illegally into last year's U.S. elections. China has forcefully denied those allegations and blamed them on anti-China forces in Taiwan and the United States.

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Bush parachutes out of plane in Arizona desert

By DRUMMOND AYLES
N.Y. Times Staff Service

YUMA PROVING GROUND, Ariz. — More than a half-century has passed since Japanese gunners knocked Lt. George Bush's torpedo bomber out of the Pacific sky, forcing him to bail out and take an unwanted swim before being plucked to safety by a passing submarine.

So last month, when the Parachute Industry Association invited the ex-Navy pilot and former U.S. president to try out one of its new products, he could easily have replied, "Been there, done that."

He did not.

Rather, Tuesday morning, at the age of 72, his hip-hip-hooray enthusiasm about life still very much undiminished, whatever the real status of his political skills, Bush hit the silk a second time.

Dressed in a white jumpsuit, closely shepherded by eight professional Army jumpers and members of the U.S. Parachute Association, he leapt into the clear desert sky from a plane circling 12,500 feet above this Army testing base.

Then, plunging earthward in a headlong free-fall—with two of the professional parachutists holding his harness and guiding him—he

pulled the rip cord at 4,500 feet and floated down under a rainbow-hued canopy to a pillow-soft landing.

"Unbelievable!" he gushed jubilantly as he strode off of the hard-creased Drop Zone Phillip, bringing "Operation Second Look" to a successful end.

He is believed to be the only U.S. president ever to have jumped from an airplane.

The first jump by the man who would become the 41st president was made on Sept. 2, 1944, when he was a Navy pilot, and was completed successfully—but not without some cuts and bruises, as well as a big scare.

When Bush leapt from his burning bomber over Japanese-held Chichi Island, he slammed his head and chute into part of the plane, cutting himself badly. Worse, the impact also ripped his chute, and he plummeted so rapidly that he might have been grievously injured or even killed, had he not landed in water.

After that jump, the Navy gave Bush a Distinguished Flying Cross. He later wrote in his autobiography that the incident was "maybe the most important of all" in his life.

Zaire's President Mobutu offers power-sharing plan

By GARRY PIERRE-PIERRE
N.Y. Times Staff Service

KINSHASA, Zaire — In the first public admission that Mobutu Sese Sese is losing his hold on a country riven by civil war, his spokesman said that the longtime dictator is willing to negotiate an end to the fighting and share power with the rebels.

Speaking on national television Tuesday night, Mobutu's spokesman Kaluya Lamuna Saedo said that Mobutu has formed a negotiating team with full power to represent him and has called on the Parliament to nominate a prime minister and form a transitional government.

And the second-ranking official in Mobutu's party, Banzu Mukalay, also said Tuesday night, "We have decided to share power, including with the rebellion, during a transitional period."

But observers said that Mobutu, who has managed to outmaneuver his opponents since his supreme rule was challenged in 1985, may be simply trying to buy himself more time in what looks like an increasingly doomed effort to cling to power.

"This is clearly a preparatory step," said a Western diplomat who spoke on condition of anonymity. "Mobutu knows that his days are numbered, and he is trying to prolong them."

The rebel alliance, which already con-

trols the eastern third of the country and is poised to take Lubumbashi, Zaire's second-largest city, rejected Mobutu's overture and warned that it would treat as an enemy anyone who accepted the post of prime minister in a Mobutu government.

Mobutu made his first public appearance Sunday and promised that in the next 48 hours he would have a plan to stop the rebels' attempt to overthrow his government. The rebels, known as the Alliance of Democratic Forces for the Liberation of Congo, have rejected international pressure for a cease-fire and unofficially proclaimed that they will win the war by marching into this sprawling capital city by June.

The rebels are said to be about 100 miles from Lubumbashi.

While it is clear to almost everyone that the rebel leader, Laurent Kabila, will win the war, he faces a greater political fight whenever he invades this capital city. Kabila has announced that he would not let any existing political party participate in a transitional government.

Kabila's move to exclude opposition leaders, particularly Etienne Tshisekedi, from the government, does not sit well with people here. While Tshisekedi enjoys strong backing, many here in recent days have come to view Kabila's resplendency as a potential second incarnation of Mobutu.

Religion Department Fall 1997

A Course Sampling

REL 42.01	<i>Islam</i>	Rick Colby	TTh	10:55 am - 12:10 pm
REL 43.01	<i>Hinduism</i>	Graham Schweig	MWF	9:10 am - 10:00 am
REL 45.01	<i>Religions of Asia</i>	John Lamoreaux	TTh	9:10 am - 10:25 am
REL 45.02	<i>Religions of Asia</i>	Rob Rozenhal	MWF	1:10 pm - 2:00 pm
REL 102.1	<i>New Testament</i>	Mark Chancey	TTh	12:40 pm - 1:55 pm
REL 102.2	<i>New Testament</i>	Melanie Pepper	MW	2:20 pm - 3:35 pm
REL 165.01	<i>Religion and Psychology</i>	Graham Schweig	MW	2:20 pm - 3:35 pm
REL 185.04	<i>World Religions in America</i>	Bruce Lawrence/ Hugh Halman	TTh	10:55 am - 12:10 pm

Israel charges Arafat gave order for suicide bombing

IN ISRAEL from page 2

"There will not be any security coordination as long as there is no political coordination," Binjoub said, saying he needed a "real commitment from the Israeli side and political progress... on the ground."

Security contacts with the Palestinians have been "severely weakened," acknowledged Dan Gold, Netanyahu's foreign policy adviser.

Gold insisted Israel had "hard intelligence data" that Arafat had given the go-ahead for Palestinian attacks against Israelis. In the worst recent attack, a suicide bomber killed himself and three women at a Tel Aviv cafe.

However, a senior Israeli security official told the parliamentary Foreign Affairs and Defense Committee there was no explicit evidence that Arafat approved attacks, Israel Television reported. It did not name the official.

Many of the recent Palestinian riots have been organized by Arafat's Fatah movement, until now the strongest supporter of peace with Israel.

Fatah is the largest faction in the PLO. During the 1987-1993 uprising, Fatah had a leading role in organizing protests and when the peace agreements were signed, owing its support behind the accord.

Kamel Humaid, a Fatah leader in Bethlehem, said he expected more vio-

lence unless Israel stops building in east Jerusalem. "In a week or two, if the Israelis don't stop building, we cannot control the situation," he said.

Humaid said Fatah leaders also were concerned about the growing popularity of the militant Hamas and Islamic Jihad movements as Palestinians became increasingly frustrated with Netanyahu's tough policies.

"If we don't move now, Hamas will lead the street," Humaid said.

Meanwhile, Israel's attorney general ruled Tuesday that Police Minister Avigdor Kahalani could close four Palestinian offices in east Jerusalem because of their connection to Arafat's Palestinian Authority. Kahalani told legislators he is still deciding what action to take, Israel radio said.

Netanyahu insisted Tuesday that the Israeli construction in east Jerusalem was "not the root of the problem but an excuse to spill blood."

"The real struggle... is over our sovereignty over Jerusalem, and in the end our sovereignty" over the entire state of Israel, Netanyahu told a gathering of Israeli police officers.

The Palestinians hope to create a capital in east Jerusalem, which Israel seized in the 1967 Middle East War. Netanyahu said the entire city must remain undivided under Israeli sovereignty.



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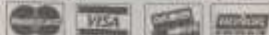
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Feminist leader maintains broad civil rights focus

■ **IRELAND** from page 1

tive, litigation and electoral arenas. The two most important legislative breakthroughs in which NOW played a prominent role, according to Ireland, were the passage of the Civil Rights Act of 1991 and the Violence Against Women Act of 1994.

The Civil Rights Act of 1991 passed in part due to the highly publicized and controversial Anita Hill-Clarence Thomas hearings around the time of Thomas' Supreme Court confirmation hearings. This law provides women with the right to have a trial by jury when faced with discrimination and to collect compensatory and punitive damages, not merely back pay.

The Violence Against Women Act, which provides additional funding for police, battered women shelters and rape crisis centers, was pending but hadn't moved in Congress until the murders of Nicole Brown-Simpson and Ron Goldman, Ireland said.

"Suddenly the national attention was focused on the names of violence against women," Ireland said. "We managed to turn that public spotlight into pressure on Congress."

In addition to playing a role in these legislative victories, NOW has been actively involved during the past six years in efforts to secure abortion rights for women. Ireland developed NOW's "Project Stand Up for Women," which targets those pro-life protesters engaged in violent activities, focuses on litigation and provides training for pro-choice activists in direct clinic defense.

"These anti-abortionists are more like the mob than they are like any civil rights movement," Ireland said. "Despite their claims, they are not non-violent and they are not protesting in a way that is acceptable in our country."

In January 1994, the Supreme Court granted NOW the right to sue federal racketeering laws to prevent violent attacks on doctors, women and clinics in a lawsuit Ireland initiated when she was the legal counsel for the Florida chapter of NOW. As a result, she observed, "It's quite clear that the anti-abortion bullies... have been far

"I don't think that celebrating victories...should fool us for a minute that we've achieved everything."

Patricia Ireland,
President of NOW

less successful now in getting others to follow them."

Another project initiated by Ireland, "Elect Women for a Change," has been credited with playing a major role in the victories of a record number of female candidates in the 1990 congressional elections. The campaign provides female candidates with organizers who train volunteers in such grassroots efforts as operating phone banks, knocking on doors, distributing literature, organizing fund raisers and encouraging voting.

In addition to fighting for women's rights, Ireland devotes herself to other human rights issues concerning racial minorities and homosexuals. Her efforts on behalf of these groups have ranged from serving as the keynote speaker for the 50th anniversary march on Washington, D.C., which honored Dr. Martin Luther King, Jr.'s legacy, to getting arrested at the White House while protesting the ban on gays in the military.

For Ireland, the civil disobedience she exercised in front of the White House deepened her commitment to gay rights. "I was with a woman who was in the military for most of her adult life who was arrested with all of her medals on," Ireland recalled. "When we got into the paddy wagon, the police said they had to take away all of her medals because they were somehow dangerous." Ireland said she found this image powerful and was moved by the woman's ability to maintain her dignity while the police removed the medals.

At the heart of Ireland's commitment to civil rights

is her own story which, she said, "has paralleled the progress of the women's rights movement." In her autobiographical "What Women Want," Ireland discusses the process by which she became empowered through her career experiences. After quitting her job as a flight attendant and receiving her law degree from the University of Miami Law School in 1975, she went on to become the sole female partner in a distinguished Miami law firm.

Her personal encounters with sexual harassment and job discrimination as both a flight attendant and an attorney compelled her to join NOW and become active in its leadership.

"I hope that by telling my own story about how I took more power and control of my own life... that a lot of other women and men will look at their own lives and say, 'What do I want to do to make my life satisfying?' and figure out how to go for it," Ireland said. "Because I think when we do that, we do change our families for the better, we change our communities for the better, we change our world for the better."

While Ireland is encouraged by the progress the women's movement has made, she is ardently convinced that women still have a full agenda ahead of them. "I don't think that celebrating victories... should fool us for a minute that we've achieved everything," she said. At the top of the agenda, she noted, is ensuring the passage of the Equal Rights Amendment in order to secure constitutional equality for women.

Ireland encourages young people to help influence the future of civil rights for women and minorities by getting involved and joining an organization. While people do not have to immerse themselves in a movement to make a difference, she said, every individual can make a valuable contribution to it in some capacity.

"For each of us, it will be a different place," Ireland said. "Some of us are going to go out and get arrested at the White House or go out at clinics at 5 o'clock in the morning... Some of us will go inside and lobby in the White House instead of protesting outside. Some of us will run for office... Some of us will picket."

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REQUIEM**

Critics fear measures may hinder economic progress

■ **RATE** from page 2

taken money out of the pockets of every family, small business and farm in America," said Sen. Tom Harkin, D-Iowa, a frequent Fed critic.

Added AFL-CIO union president John J. Swensky: "The Federal Reserve has sacrificed the economic interests of America's working families on the altar of a bunch."

Financial markets, which had reacted violently in 1994, the last time the central bank launched a round of credit tightening, were calmer this time around.

In fact, the Dow Jones industrial average actually went up 50 points a few minutes after the 2:14 p.m. announcement as investors expressed relief that the central bank had carried through on the numerous signals sent recently by Federal Reserve Chairman Alan Greenspan. The Dow finished the day down 29.08 at 6,876.17.

The reaction was more pronounced on the bond market, where worries about more rate increases drove the real seat prices down and the yield on Treasury's 20-year bond up to 6.97 percent.

The central bank said it was pushing its target for the federal funds rate, the interest that banks charge each other, up to 5.5 percent from 5.25. It left its largely symbolic discount rate unchanged.

Bank One of Ohio and Citibank, the nation's second-largest bank, were the first major banks to signal increases in their prime lending rate, pushing it up a quarter-point to 8.5 percent.

Other major banks, including Republic of New York and KeyCorp, followed with similar rate increases, making them effective Wednesday.

The prime is used by many banks to peg rates for credit cards, auto loans, home equity loans and adjustable rate mortgages. In recent years it has moved in step with changes in the Fed's funds rate.

The central bank had left the funds rate unchanged since Jan. 31, 1996, when it was cut a quarter-point to 6.25 percent. The rate had not been increased since Feb. 1, 1995, when it was pushed to 6 percent in effort to slow the economy enough to keep inflation under control.

Former ambassador to speak about U.S.-Russian relations

■ **MATLOCK** from page 3
ence Research Center's Love Auditorium.

Matlock, who served for 20 years in the American Foreign Service, also served as ambassador to Czechoslovakia from 1981 to 1983. In addition, from 1983 to 1986 he acted as special assistant to the president for National Security Affairs and senior director for the European and Soviet affairs on the National Security Council staff. Matlock has served since July 1996 as the

George F. Kennan professor at the Institute for Advanced Study at Princeton University.

James and Mary Semans established the lectures—titled the Anthony Joseph Drexel Briddle, Jr. Lecture in International Studies—in honor Mrs. Semans' father, who was an original signer of The Dute Endowment and who had an esteemed career as a U.S. diplomat.

The event is free and open to the public.

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6:30 PM Dr. Virginia Bonito will give a talk entitled, "The Saint Anne Altar in S. Agostino, Rome: A Restoration Saga." This altar, dedicated in 1512, features the marble sculpture of St. Anne, the Virgin and Child by Andrea Sansovino, and the fresco of the *Prophet Isaiah* by Raphael. \$3 General Public; \$2 Friends and Students

APRIL 3 CULINARY ARTS

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6:30 PM Real American food with chef Nancy Kitterman. \$3 General Public; \$2 Friends and Students

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Under fire Liggett makes long overdue admission

A surprise admission by the Liggett Group, one of the nation's largest tobacco companies, will most likely ease the numerous legal difficulties of federal agencies and others opposed to additives within the cigarette industry.

Liggett made the unexpected statement last week, divulging information that had long been assumed but was routinely denied by the company. It acknowledged, among other things, that cigarettes are addictive as well as the fact that it illegally targeted some of its advertisements at 14- to 18-year-olds.

By admitting the addictive qualities of tobacco, the company loses a major legal defense against the numerous lawsuits by parties seeking monetary recompense for cigarette-induced ailments. In addition, the documents that Liggett has agreed to release most likely will provide incriminating evidence regarding irregular unethical practices by other major tobacco manufacturers.

For years, the failure to recognize the addictive nature of tobacco products by producers—despite evidence suggesting otherwise—has given manufacturers a solid legal defense against Food and Drug Administration regulation and legal attacks on the industry.

It is about time a cigarette company owned up to what everyone had suspected all along; the actions taken last week by Liggett should have been taken long ago. It is shameful that it took repeated years of poor market performance and increased threats of

insurmountable legal bills to get one of the companies to break rank and come clean to the American public.

It is uncertain at this point, however, exactly what effect Liggett's action will have on the numerous lawsuits pending within the industry. Many of the documents implicating other tobacco companies are protected by the attorney-client privilege—obtaining them, not to mention having them admitted in court, likely will continue to provide a strong challenge for these suing companies within the industry.

Yet this potential hurdle only slightly diminishes the magnitude of the announcement. Because tobacco products are almost identical among all producers, Liggett's admission that its products are addictive indirectly implicates all cigarette makers.

Even more importantly, Liggett's admission that tobacco is a drug could potentially open the industry up to regulation by the FDA, which has been trying for years to gain regulatory authority over the product.

For decades, studies of tobacco have proven that it causes lung cancer, heart disease and emphysema, yet the attitude of manufacturers to deny its addictive qualities have barred them from regulation. The step taken by Liggett was probably one the struggling company had no choice but to make. Regardless, it marks the latest victory in the ongoing debate surrounding the proper regulation of the tobacco industry.

Letters to the Editor Safe Walks faced death from beginning

I am writing on behalf of the three maligned Safe Walks dispatchers to set the record straight about the demise of the program. Chris Lam is quick to point out the shortcomings of the employees, but fails to mention that as ill-conceived and ill-planned as the program was, it was doomed from the start.

In regard to the scheduling issue, the dispatchers were given an impossible task. The purely voluntary basis of the program made long-term scheduling unfeasible. Initially a schedule was prepared, but lack of commitment on the part of the volunteers destroyed it. Those scheduled to walk would simply not show up, and the dispatchers were left scrambling for whomever they could find.

Moreover, even if scheduling hadn't been problematic, the program would have folded anyway. The simple fact is that more used Safe Walks. With Safe Walks providing quicker, safer and warmer escorts, there was no demand.

In mid-Fall, there was a record eight walks in one night.

From December on, one walk every week was the norm. The dispatchers would arrive at the office, sit at a table for four hours, then leave. We were providing an service, and quite frankly, our wages were a needless drain on the University's resources. It is surprising that Safe Walks lasted so long as it did, as it was essentially doing nothing for the last four months.

Now, because of flaws inherent in the program, these students who were merely trying to earn part of their tuition have suffered. One of us has had his name blackballed and will likely never be able to obtain a job at Duke again.

Chris Lam, perhaps we dropped the ball when you handed it over, but as slippery as it was, no one could have held it.

John Burkhardt
Engineering '00

Volunteers extol program's virtues

This spring break I had the opportunity to participate in Break for a Change. We went to Washington, D.C. and spent the week living on the basement floor of a church and participating in service activities ranging from stuffing envelopes for the AIDS Ride and handing out condoms and HIV/AIDS educational pamphlets to spending the day helping in the homes of hospice AIDS patients. It was a physically and emotionally intense week, which changed each of our lives in a unique way.

It was amazing how many of the people we scooped up were praised us for "giving up" our spring breaks to come and do these unglamorous volunteer tasks. I personally did not feel like I was "giving up" anything, and neither did the rest of the group.

Whether it be the time I spent talking to an HIV positive man I spent the day with who had no use of his arms and legs or a conversation I had with the rest of the members of the group, I feel as though I gained more from my experiences this past week than I ever could have gained sitting on a beach or hanging out at home with family and friends. I'm not knocking going home or to the beach, and trust me when I say there were many times when I wanted to be relaxing somewhere else.

From these experiences I learned more about myself, the world around me and the multi-faceted issue of AIDS than I could have learned from any number of textbooks or professors. This raises an issue that we discussed several times throughout the week—the

issue of real-life learning at Duke. Each member of the group had to pay \$50 for transportation, lodging and food. \$50 provided us with the most well-rounded, educational, informative and life-altering experience many of us will receive in our four years here at Duke. As we all begin to pull together the \$40,000 for next semester, perhaps we should be questioning why we have little real-life learning at Duke.

Perhaps a time will eventually come when the University will stop trying to top the Ivy's with such non-beneficial projects as the AI and begin to try to top them in an area where it already has—a down-to-earth learning environment. It is easy in the bubble of Duke to forget about the real world and the real people suffering from the problems we study.

By motivating students to get their eyes up from and out of the books and into reality, we will have a chance to see the many sides of an issue and put a face and a voice behind the text book facts—learning from the real world and a \$50 experience of a lifetime rather than the world of \$50 books.

Steve Heasley
Trinity '00

Dave Wascha
Trinity '97

and 12 others

The writers were members of the Washington, D.C. AIDS Break for a Change program.

On the record

My concern is that, historically, prohibition has generally not been an effective way of dealing with alcohol-related problems.

Due Wainick, vice president for student affairs, on the decision by the national chapter of Sigma Nu and Phi Delta Theta to make all of their chapter houses dry by the year 2000 (see story, p. 1)

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Letters may also be submitted electronically via e-mail. All e-mail letter submissions should be directed to editpage@chronicle.duke.edu.

Commentary

In shift toward supernatural, society follows Maclain

In the past few years the American culture has unconsciously gone through a sort of revival of participatory interest in "supernature." It occurs the pessimists a lot of angst and leads to them to be a taste of collective sense and a return to the very beginnings of consciousness that they thought we'd outgrown. The late C. G. Jung wrote back last year that he felt surprised about everything from premonitions to angels and might help some of us understand in the diary notes to regain our reason and give up all these medieval notions.

In looking at the scale of the "problem," I don't think it's an exaggeration to say that 90 percent of people have, sometime in their lives, experienced something anomalous. A few days ago my mother told me how she was in the middle of watching a movie about reincarnation and "out of the blue" a friend she had not thought of in months and had not talked to in years came to mind so strongly and persistently that she turned off the movie and went to call her. As she reached for the phone after dialing up the number, it rang and, of course, was her friend calling after she'd fall the same compulsion out wishes.

Stories like this are a dime a dozen. Most of us experience something like it once or twice a year, and then forever repeat it to friends either sheepishly or with ghost-story bravado.

Here is my problem with the pessimists though: Their explanations of these "supernatural" events are so crumpled and bent into the borders of their orthodoxy that if we accepted them, most people would belong in mental institutions

The endless jar Jeb Reed

for being such dupes of suggestions and added senses. To be certain there are a lot of flakes in the world who are not inclined to examine events and will believe in Atlantis or a mishmash simply because they are attractive and interesting things to believe in.

And there is something upsetting about that looseness of that kind of thought when you see it. The New Yorker ran an article recently which described the New Age "tar groups" ("pyrambots") that now go to Egypt and pay the Supreme Council of Antiquities huge sums of money to spend a night doing strange things in an inner chamber of Cheops' tomb. This point is to recover past lives, "cellular memory" and astrological wisdom. Asked about an utter dearth of physical evidence for Atlantis civilization and giant underground crystal pyramids, Shirley Maclain said—with awareness and stupidity that could only grow in Hollywood—"I've been in the acting business a long time, and if there's one thing I've learned, it's that it's all a matter of perspective." One is tempted to punch her in the face and then realize that from your perspective she'd been hit by a falling coconut. Ka-Pow.

At the other extreme, Dr. Jagan essentially asks us to revise powerful and well-examined subjective experiences and ascribe them to had neurochemistry or the kind of incompetence that would lead one to mistake the moon

or a weather balloon for a UFO. Why then not apply the same level of skepticism to sensory phenomena that might be more comfortable to a positivist, like a falling apple or an amusing track? That of course would undermine the essence to lived experience, and that is why such explanations are totally unacceptable when it comes to over-writing what happens to fall outside what materialist, orthodox "permits." Primarily because these things are unacceptable by the scientific method. Unlike physical science the same set of superficial conditions might never again produce the same effect (for example, that ancient connection between mother and her friend).

Nonetheless, I suspect many of us believe that a being's ability to know or

experience the universe is not entirely limited to the light and sound waves that have passed through the apertures in his skull.

But this new wave of public interest in everything from naturalism to alien abductions, people seems to be departing from Boggs' camp and getting closer to Maclain's. Perhaps the moved-out capitalism and media culture that dominate American society have become so reflexive, self-aware and self-certain that a sort of hubris pushes more society in to isolate a realm of experience that was previously taboo. When the First Lady tried to mediate Ghandi's spirit and subjective conspiracy theories are network TV filler it is safe to say that "the times they are a-changing'."

Jeb Reed is a University employee.



Liberal economy protects society from ills of extremes

In my last column, I commented that "we live (fortunately) in a capitalist society." Since this remark has (fortunately) led to some misunderstandings, I would like to take this opportunity to make some observations on liberalism and economics. Much of the following is based on arguments and statistics from the excellent website "Liberalism Resurgent" at <http://www.scruz.net/~langstro/lenets.htm>.

First point (just to be clear): It should be obvious that we do not live in a purely free-market, unregulated, laissez-faire capitalist system. As I pointed out in my very first column, we have trade tariffs, business subsidies and a welfare system, which are not capitalist institutions—all of which "distort" the market in some form.

Second point: This is a good thing—there are several aspects to pure capitalism that should be avoided. The theory of free-market capitalism is generally thought to have been invented by the Scottish Enlightenment philosopher Adam Smith. In "The Wealth of Nations," Smith argued that the goal of a society should be to facilitate its members' pursuit of happiness and that this pursuit could best be followed in an efficient marketplace characterized by free competition, in which each man (in women for Smith) fought for himself. Competition would be in the interest of commerce, as it prevented producers

from raising prices too high.

While this may sound like unfettered capitalism, some of the concerns Smith simultaneously raised here and in his work "Theory of Moral Sentiments" show that (and why) he was actually talking about a liberal economy, which is different from a purely capitalist one. On the one hand, Smith realized that "People of the same trade seldom meet together... but the conversation ends in a conspiracy against the public, or in some contrivance to raise prices." In other words, producers could not be trusted. On the other hand, as the conservative political theorist Edmund Burke remarked (quoting on Smith), "charity to the poor is a direct and obligatory duty upon all Christians. The free market is one thing, but it is only morally acceptable if it is balanced by what Smith called "sympathy." In sum, a liberal economy needs at least two factors that are not part of capitalism: some sort of control over producers and some sort of moral consciences.

In these points, Smith and most economic theorists—and policy-makers—after him realized that laissez-faire capitalism is not really an option for a self-respecting society. Two additional simple arguments prove this thesis. The first is that unbridled capitalism logically leads to oligopolistic or monopolistic structures, which are no longer in the interest of the consumer. Deregulation

Liberalism rules Norbert Schürer

and a completely free market initially lead to beneficial results, but finally end in disaster.

Secondly, the free capitalist market, even in the corrupted form that is (fortunately) practiced in the United States today, cannot address issues such as wage disparity and the relation between merit and income. Why do about 75 percent of the lowest-earning fifth of the population stay in that income bracket for all of their lives? Why is it that the percentage of this nation's wealth owned by the richest 1 percent almost doubled from 22 to 42 percent between 1975 and 1992? Did these people suddenly become even more outstanding, or more productive, and thus become richer? The "American Dream" today is (unfortunately) no more than a dream. Except in a purely theoretical sense, it is simply not true that anyone can become a millionaire, even in a capitalist system.

Third point: What then is the alternative? The history of the Eastern bloc has shown that a directed or socialist economy is even less successful—it benefits neither the society as a whole nor its individuals. Between the equally

unpalatable alternatives of capitalist and socialist economies, liberalism emerges as the only viable solution. A liberal economy is one generally driven by the market, but tempered by social concerns. For this reason, it is often (and quite precisely, but recognizably) referred to as capitalism—as I did two weeks ago.

It should come as no surprise that liberalism is the third way between capitalism and socialism—this has been the system we have lived under at least since 1930. And while we're at it, see more myth you can forget is that liberalism was unsuccessful, that it failed in the United States. What actually endangered, and still is threatening, the economy are the right's attempts since 1980 to turn this country into a corporate special interest or corporate welfare system, with the legislation of Political Action Committees, which effectively handed over control of politics to corporate lobbyists.

In general, a liberal economy is the only option we have, and it has been extremely successful in the past. Therefore, we should do away with rhetorical or actual attempts to "demantle the system as we know it" and instead embrace it, engaging in the debates that define the limits of the market and the extent of social concern.

Norbert Schürer is a third-year graduate student in the Liberalism Program.

Comics

Johnny, the Mediocre Human / Porter Mason



Dilbert / Scott Adams



Doonesbury / Garry Trudeau



FoxTrot / Bill Amend



THE Daily Crossword



by Dorothy B. Martin

30000

Tuesday's Puzzle solved



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THE CHRONICLE

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Wednesday

Puerto Island, co-founder of the National Organization for Women and author of the book "What Women Want" will speak on "Sisterhood and Sisterism: Moving into the Twenty-First Century." A book signing will begin at the Delta Building at 7:30 p.m. Speech: 8:30-9:00 p.m. Delta Ball Room: 7 p.m.

Caroline Stevely Stevely, Morning Prayer, Sponsored by the Episcopal Church of the Holy Spirit, 1000 Madison Avenue, Geneva, N.Y. 11455. Location: Memorial Church, 8:30 a.m. Location: Memorial Church.

South-West Women Service Dinner/Dance: 7 p.m.

Jump Lecture Series at the Center for Learning, Guy and Barbara Lee, Monday, March 23, 7:30 p.m. Subject: "The Power of the Imagination." A book signing will follow at 8:30 p.m. Location: Memorial Church, 8:30 a.m. Location: Memorial Church, 8:30 a.m. Location: Memorial Church.

Community Calendar

Reading to a Child: Wednesday, John, Robert and Nicole (children of the Center for Learning) will read to children in the community for teaching students of basic literacy and reading. Location: Memorial Church, 4:30 p.m. Location: Memorial Church, 4:30 p.m.

Women's League: "Culture on Wheels." Other special participants will include: Barbara Lee and Freda Johnson. Location: Memorial Church, 4:30 p.m. Location: Memorial Church.

U.S. Play in the White House: "The Power of the Imagination." A book signing will follow at 8:30 p.m. Location: Memorial Church, 8:30 a.m. Location: Memorial Church.

"The Republic of Cleveland and the Pacific Northwest: Partner for a New Century." Dr. James H. Thompson, 1000 Madison Avenue, Geneva, N.Y. 11455. Location: Memorial Church, 8:30 p.m. Location: Memorial Church.

Carroll Bradley, Matt Rosen, Eric Bessou. Location: Memorial Church, 8:30 p.m. Location: Memorial Church.

Beyond the World: "The Power of the Imagination." A book signing will follow at 8:30 p.m. Location: Memorial Church, 8:30 p.m. Location: Memorial Church.

Panel Discussion of "The Power of the Imagination." A book signing will follow at 8:30 p.m. Location: Memorial Church, 8:30 p.m. Location: Memorial Church.

Thursday

Presbyterian Church: Ministry services at 10:30 a.m. and 7:30 p.m. Location: Memorial Church, 8:30 p.m. Location: Memorial Church.

Students in the Clinical Treatment of Alcoholism: Meet at the 2nd floor reading room, East Campus, Memorial Church, 5:30 p.m. Location: Memorial Church, 8:30 p.m. Location: Memorial Church.

Jane Crowder, director of Friends of the Planet, will speak on "The Power of the Imagination." A book signing will follow at 8:30 p.m. Location: Memorial Church, 8:30 p.m. Location: Memorial Church.

20:00 - 21:00 Hours: Lecture by Virginia B. Lee, "The Power of the Imagination." A book signing will follow at 8:30 p.m. Location: Memorial Church, 8:30 p.m. Location: Memorial Church.

Presbyterian Church: Ministry services at 10:30 a.m. and 7:30 p.m. Location: Memorial Church, 8:30 p.m. Location: Memorial Church.

National chapters to enforce strict limits on alcohol use

■ **DRY** from page 1

from an alcohol use have been under discussion at the national level since 1994. Twenty percent of Sigma Nu chapters across the country are already alcohol-free, he added.

"The main premise [of the measure] is to signify that alcohol is not the center of fraternity life," Collier said, adding that he does not believe the regulations will hinder new pledges from joining the fraternities.

McCuiston cited similar reasons for Phi Delta Theta's new policy, which he said would be strictly enforced.

"I think the decision is a good one in that it's going to be a leader for other fraternities and will emphasize the responsibility in drinking," McCuiston said. "First and foremost, it helps with the image of fraternities." McCuiston added that growing insurance and facility

upkeep expenses have pushed alumni to recommend the removal of alcohol from fraternity functions.

Some fraternity members, however, say they are concerned with the policy's potential effects on their chapters. Although in recent years some chapters have implemented programs curbing alcohol use in their residences, no measures have been as widespread and strictly applied as these decisions.

"It is my understanding that [these fraternities] are to be totally alcohol free, including individuals' rooms," said Steve Wasiolek, vice president for student affairs and advisor to the University's Interfraternity Council.

In addition, the policy change within both organizations reaches beyond existing chapters by requiring that new ones begin as dry organizations.

Some voiced concern that the policy's strict code against alcohol in individual rooms will discourage members of legalized drinking ages from living in their

fraternity sections. In addition, administrators and students alike questioned whether the measures would be effective at all. "My concern is that, historically, prohibition has generally not been an effective way of dealing with alcohol-related problems," Wasiolek said.

Zaleski pointed to a possible loophole in the policy for the University's chapters: in most cases, chapter housing is owned by the national fraternity or the chapter itself, but Zaleski suggested that the University's chapter may prove to be an exception because it is one of only a handful of chapters inhabiting a university-owned building.

University administrators, however, voiced a different understanding of the policy. "My assumption will be that they too will be expected to be alcohol-free," Wasiolek said of the two fraternities, "even though they do not live in chapter housing."

Marsha Johnson contributed to this story.

Local leaders offer to support school

■ **BOARD** from page 1

vide support for the predominantly black student body.

Harry Munds, vice president of Durham's NAACP, told the board that Holloway is the "garbage can of the school system" and cited rumors that the school's teachers were the "bad apples" of Durham schools. His main concern, however, was that almost all of the students who attend the alternative school are black, a statistic that he said was unbelievable.

Board member Beverly Washington Jones responded to concerns by saying that Holloway needs direction with its curriculum, but added that the Durham school system alone cannot remedy the alternative school's problems. She suggested that the investigative committee be expanded to include representatives from local universities, businesses and churches, as well as psychologists, in order to provide the process with a more holistic approach.

Denlinger said that such a comprehensive approach was one of the goals she established when creating the committee. She added that her other primary goal was to construct a more clearly defined curriculum.

"I want a quality, well-developed program that the board and Holloway Street Advancement Center can agree is constructive in nature and will, in fact, provide for the very complex needs of the students," she said.

Denlinger also said that she welcomed Holloway's pledge to provide mentors to Holloway students, calling it a "milestone step."

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Sports

Hyden quits
as women's
tennis coach

By ERIC FRIEDMAN

Women's tennis coach Jody Hyden announced his resignation last week during his third year as coach of the Blue Devils.

Hyden coached the team of his resignation before six matches at Florida last Wednesday. He will be replaced by assistant coach Jamie Ashworth. Hyden's announcement was an unexpected move to members of the team.

"I'm surprised," senior Karen O'Sullivan said. "I wasn't aware of that change coming. I think that it was something that Jody felt like he needed to do, and you need to understand and respect that."

Hyden compiled a 59-12 record as head coach of the Blue Devils, currently ranked fifth in the nation (12-1, 4-0 in the Atlantic Coast Conference). During both of his full seasons as coach, Duke was undefeated in the ACC, winning the conference regular season and tournament crowns both years. Hyden coached Duke to the NCAA Final Four and a No. 2 ranking last season, and has coached three All-Americans while serving as head coach. Hyden also served as an assistant coach for the women's tennis team from 1990-93 and assisted the men's team during

See HYDEN on page 18 P

Women's tennis blanks Utah despite rain

Webb returns to singles action with impressive win in No. 2 slot

By ERIC FRIEDMAN

After a grueling spring break schedule, including matches against then-No. 5 Texas and No. 1 Florida, the fifth-ranked women's tennis team dominated overmatched Utah, 7-0, Tuesday at the Duke Tennis Stadium.

Highlighting the match for the Blue Devils (13-3) was the return to singles play of sophomore Vanessa Webb, who has been out the entire spring season with a shoulder injury. Webb, ranked first nationally prior to her injury, played second singles after returning to doubles action during the spring break trip. Webb struggled with her game at first, but quickly regained her form to score the win, 6-3, 6-0.

"My first set was a bit rough," Webb said. "I need to get my forework back, because my forework was a little off... The more I play, the better I'll get. The second set today was so much better than the first set."

Webb's return for the Blue Devils was a surprising one based on her prognosis at the time of her injury. When Webb was originally injured, it was uncertain whether she would return at all this season. Though her game is not completely back to where it was prior to her injury, Webb is excited to be back to help the team make a run towards the national title.

"It feels very good—better than you can imagine," Webb said. "My tennis isn't quite up to par yet, but it's great to be out there, because in February, I did

it know (I was going to play again that year). I thought I was going to be out for six months, so waiting a month and a half seemed alright."

In addition to Webb's victory, a number of other Duke players turned in dominating performances. Sophomores

Kristin Sanderson quickly won her fifth singles match, 6-1, 6-1, over Kim Kelly. Freshman Harin Miller, ranked second in the country, took her ninth straight match with a 6-0, 6-0 trouncing of Linda English in first singles, combining a

See UTAH on page 18 P



SHANE CALLESE/THE CHRONICLE

Vanessa Webb won her first singles match in more than a month, 6-3, 6-0.

Women's lax drops OT decision to Towson State, 14-13

By MICHAEL KING

Tuesday afternoon was a disappointing one for the women's lacrosse team as it dropped a heartbreaker to Towson State 14-13 at the Duke Lacrosse Stadium. The loss left

the Blue Devils (3-4) below .500 for the first time this season and marked the third straight loss after Duke started out the year as impressive 5-1.

The Tigers (4-1) took the lead for

good in the second three-minute half of overtime when Amy Buck found the back of the net with 2:15 remaining. The Blue Devils mustered several late charges, but were thwarted by the Towson State defense and could only futilely pursue the stalling Tiger attack as time expired.

The loss marked the first time in the two-year history of the program that Duke has participated in an overtime contest.

"I don't think we handled the overtime period any differently than we handled the whole game," coach Kerstin Kimmel said. "I don't think we played a good game at all. We didn't do the little things, and for a team like ours, being as young as we are, we have to do the little things in order to win."

The loss was particularly frustrating for the young Blue Devil squad because the match against the Tigers presented Duke with an opportunity to get back on track after suffering back-to-back losses to top-10 teams Georgetown and Dartmouth.

"This was a pivotal game for us because it would have put us at 4-3—not that I am necessarily so concerned about the record, it's just the winning," Kimmel said. "It's always to our advantage as young team to head into our next game coming off a win."

The momentum in the game certainly belonged to Duke as the two teams headed into the half with the Blue Devils up 8-4. Freshman Tricia Martin netted two of her game-high four goals in the first frame while the defense, led by junior Heather Koenig and sophomore Sandy Johnston, applied constant pressure to the Tiger attack.

Towson State came out of the intermission raring, however, racking off four straight goals in under five minutes to start the second half, securing an 8-8 lead. Most of the goals in the streak resulted from defensive breakdowns on the part of the Blue Devils parred with increased intensity from the Tigers.

"I think this was really a tough game for us defensively. I think that's been our strength all season," Kimmel said. "Today, little goals were scored because we didn't make good decisions and we didn't communicate well. We weren't playing with confidence and we weren't really in control at that point."

Duke put a stop to the Towson State onslaught with a run of its own as Martin and juniors Karen Sattou and Amy Murdock scored consecutive unassisted goals in a 3:28 span to reapture the lead, 9-8. The turnaround coincided with a substitution by Kimmel that brought emotional esi-

See OT LOSS on page 18 P



ALL GREEN/THE CHRONICLE

Freshman Tricia Martin netted a game-high four goals in Duke's loss Tuesday.

Indians send Lofton to Braves for Justice, Grissom

By **KEN BERGER**

Associated Press

WINTER HAVEN, Fla. — In one of baseball's biggest trades in years, the Atlanta Braves and Cleveland Indians struck a shocking deal Tuesday involving David Justice, Morgan Grissom and Kenny Lofton that realigned two of the sport's strongest teams.

"This is a trade of enormous magnitude for two very, very good franchises," Indians general manager John Hart said. "We're talking about franchise-type players. We talked about this at some length, and we realized that if we were going to get it done, it had to happen soon."

The Indians, who faced losing Lofton to free agency at the end of the season, gave up the All-Star center fielder and pitcher Alan Embree.

The Braves, projected to have the majors' highest payroll at \$63 million, had talked this spring about trading Justice—whose home run beat Cleveland 1-0 in the clinching Game 6 of

the 1995 World Series. But Atlanta made it an even larger deal by including another All-Star outfielder, Grissom.

It was an old-fashioned, superstar-for-superstar deal predicated by the economics of modern sports.

"It's painful in the respect that I think baseball in the '90s is extremely apparent in this trade," Hart said. "For both teams, not just the Indians."

The NL champion Braves traded the high-priced Justice so they can try to re-sign pitchers Greg Maddux and Tim Lincecum, both free agents at the end of the season. Justice, who missed nearly all of last season with a shoulder injury, will make \$12.5 million in the next two seasons.

The AL Central champion Indians could have lost Lofton, winner of four straight Gold Glove and five consecutive AL stolen base titles, to free agency at the end of the season.

"We had to make this trade based on the fact that Kenny Lofton is a free

agent at the end of the '97 season," Hart said. "We went through it last year with Albert Belle, and Albert left us. We were not prepared to let that happen again."

As for recent baseball trades involving so many star players, few compare. Toronto and San Diego pulled off a big deal after the 1996 season with Joe Carter and Roberto Alomar going to the Blue Jays for Fred McGriff and Tony Fernandez.

In late 1992, the Oakland Athletics sent Jose Canseco to Texas for Ruben Sierra, Bobby Witt and Jeff Russell.

Lofton and Grissom are regarded as the two best center fielders and leadoff hitters in baseball. Both are 29, and both are coming off outstanding seasons.

Lofton hitted .317 last year, setting career highs with 210 hits, 14 homers, 67 RBIs and 75 stolen bases.

"I can't really think too well right now," Lofton said. "Maybe I can say I'm disappointed. I've done everything

they've asked me to do in Cleveland, and I thought I would be rewarded. I guess they rewarded me by trading me to Atlanta."

Indians catcher Sandy Alomar and first baseman Jim Thome both had tears in their eyes as they talked with reporters.

"My son loves this guy," said an emotional Alomar, one of the few managers left from Cleveland's 1995 AL champion team. "I know when I tell him Kenny Lofton was traded, he'll cry."

Sportsfile

From wire reports

Rison cut: Wide receiver Andre Rison, who scored the first touchdown of the Super Bowl, had his contract terminated by the Green Bay Packers on Tuesday.

Green Bay general manager Bob Wolf, announcing the decision, said the team's receiver corps doesn't have room for Rison as a starter.

"The feeling here is that Andre is a starter," Wolf said. "and with the situation we presently are in, he wouldn't be a starter. So we feel it is in the best interests of both parties to terminate the association at this time."

Smith marches on: Dean Smith has a contract to coach North Carolina's basketball team through 2001, and he said Tuesday he plans to honor it.

Smith, who became the game's all-time winningest coach two weeks ago in the NCAA tournament in Winston-Salem, laughed when one reporter asked him to comment on speculation that he would retire if the Tar Heels win the title in Indianapolis.

"If you win something will you quit?" Smith joked with the reporter. "If you like what you're doing, would you quit?"

Miller shuts out Engblom at No. 1 singles

■ **UTAH** from page 17

powerful baseline game with strong net play.

"I came in a bit, I attacked a lot and I hit a lot of volleys," Miller said. "I kind of overpowered her from the baseline. I don't know if she was ready for that. She hit a lot of short balls as it was easy for me to come in."

DUKE 7, UTAH 0

Singles

1. Miller (Duke) d. Engblom, 6-0, 6-0
2. Webb (Duke) d. Owen, 6-0, 6-0
3. L. Spadeo (Duke) d. Payne, 6-1, 6-7, 4-1
4. Chaudhri (Duke) d. Pappas, 7-5, 6-4
5. Sanderson (Duke) d. Kofie, 6-1, 6-1
6. Siebel (Duke) d. Mack, 6-2, 4-6, 6-3

Doubles

1. Decker/D. Spadeo (Duke) d. Kofie/Engblom, 6-2

Also victorious for the Blue Devils were senior Luanne Spadeo at third singles, senior Karen O'Sullivan at fifth, freshman Brooke Siebel at sixth and the combination of Sanderson and senior Diana Spadeo at second doubles. Siebel and Luanne Spadeo had their matches interrupted early in their respective third sets by a one-hour rain delay, but were able to come back from the break and score victories.

The match against an easier opponent allowed interim coach Jamie Ashworth to experiment with his lineup a bit. Tuesday's contest was the first time that Diana Spadeo and Sanderson played together, and served to give Siebel, who has only played in four dual matches, valuable experience.

"At this time of the year, you never know what's going to happen come the [Atlantic Coast Conference] Tournament with injuries in our lineup," Ashworth said. "I think this is a good time to get other people like Brooke a match to prepare for ACCs. We could get there and she could end up playing and I don't want to have her get into a situation where she doesn't feel comfortable playing matches."

The match also served as a warmup for Thursday's battle with No. 9 Wake Forest. The Blue Devils will travel to Winston-Salem to put their 84-match Atlantic Coast Conference winning streak on the line.

"I think it's very important that I go a match under my belt before [Thursday], because today I was just so nervous," Webb said. "I'm glad to be back."

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Hyden leaves team during spring break trip to Florida

■ **HYDEN** from page 17
the 1991-92 season.

Despite the shock of the midseason departure, the team harbored no resentment towards its former coach for leaving it in the middle of a campaign.

"He just felt that if he was going to go, he was going to go and do what's best for the team," Ashworth said. "I think putting it all behind them now gives them a chance to move on and not have to think about it at the ACC Tournament and at the NCAA's."

The coaching switch will cause a significant changing of roles for various members of the team. Ashworth will assume the head coaching position for the remainder of the season on an interim basis. Men's assistant coach Dave Hagymas will assist the team when possible. The team's veteran members also believe that they can rally together to help deal with the change and make certain that it does not prevent them from achieving their ultimate goal of winning the NCAA title.

"This whole experience has taught our team a lot closer," O'Sullivan said. "We have a goal to win the national title, and we're going to help each other

with that goal. If that means coming out and hitting with someone or helping out in any way possible, our team is willing to do that, and help out Jamie in any way that we need."

Similarly, newer members of the team also hope to continue a business-as-usual atmosphere for the remainder of the season.

"If we have changes, they're going to be subtle, they're not going to be big," freshman Keri Miller said. "I think things will stay pretty much how they are."

Ashworth is in his third year with the Duke program. Before coming to Duke, he played for the University of Maryland and spent one season as an assistant coach for the Terrapins. Despite his relative inexperience, the Blue Devils have the utmost confidence in his new coach.

"Jamie's role is different—he's no longer the assistant," O'Sullivan said. "I think a lot of great qualities that Jamie has are going to come out now being the head coach, whereas before, as the assistant coach, he didn't have the same role. I think it's definitely a positive for the team for him to be here as a head coach."

Brandon Ashhart contributed to this story.



Joely Hyden

Blue Devils hope to build from close loss to Towson

■ **OT LOSS** from page 17

slays Marnick into the game.

"Amy gives us a little spark off the bench and that was the purpose of putting her in the game," Kimmel said. "We knew that if we were going to win this game, it was going to be from a couple individual efforts and Amy always gives us 100 percent. She is kind of unorthodox, and I think that usually catches some defenders off guard as well."

From that point on, it was a saw-saw affair that saw the lead change three times before regulation ended with the score knotted at 11.

Towson State fired home two goals within 22 seconds of each other to grab the 10-9 lead, only to hurry Duke take it right back with goals from Martin and freshman Keri Dunn. Martin's goal was particularly well-executed as she back-handed a shot past Tiger goalie Jacques Sicu off a precision pass from Johnston.

After two more Towson State goals made it 12-11, the Blue Devils' Emily Hickman netted the equalizer with 5:09 remaining. The freshman defender weaved her way through the Tiger defense and forced a shot that was initially blocked by Sicu before it dribbled in.

Duke had a chance to win in regulation when freshman defender Katie Rogan was fouled in front of the net with six seconds remaining,

but Sicu came up with the big save on the ensuing shot, sending the game into extra time.

In the first overtime half, Towson State's Megan Drake slammed home a pass from Robyn Harry 41 seconds in, giving the Tigers the quick 13-12 lead. The Blue Devils answered at the 1:25 mark with a one-timer of their own as sophomore Megan McLaughlin scored her second goal of the game off a pass from sophomore Kendra Bamer. Duke actually put the ball into the net two other times in the overtime session—once by Marnick, the other by Martin—but both goals were waived off because of cross violations.

Although a detrimental shot to both Duke's record and its confidence, the loss also served to point out the Blue Devils' largest weaknesses.

"We can always learn from something like this," McLaughlin said. "It was our inexperience that lost it in the end. We are a young team, mostly freshmen and sophomores—especially an attack. It hurts the morale, but there is a lot to be learned."

Duke will have plenty of time to incorporate Tuesday's lessons—its next match is not until next Tuesday, against arch-rival North Carolina.

"We have a week off, but we have a lot of work to do," Kimmel said.

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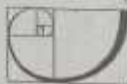
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Spring 1997



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111 Berwick Pl.
3 Bedrooms/2.5 Baths
Foghtman & Williams
Construction

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2140 sq. ft. \$249,900



Lot 4

508 Edburton Court
3 Bedrooms/2.5 Baths
Cynnar Designs

This modern two story transitional home features a country kitchen, first floor master suite with cathedral ceilings, large walk-in closet. Over the two car garage is a spacious finished bonus room for an office or guest quarters.
2486 sq. ft. \$255,000



Lot 1

(Orange Cove)
305 Edburton Ct.
3 Bedrooms/2.5 Baths
Glenn and Halls
Construction

Early American Style home. Features a spacious floor plan, with large airy open areas with a formal dining room, Great room and country kitchen. There is also a large no. room and a bonus office over the garage. A must see!
3723 sq. ft. \$349,500



Lot 18

106 Stradbridge Dr.
4 Bedrooms/3.5 Baths
Cynnar Designs

"Igneous Value," this home has many features from the formal living room and dining room to the breakfast nook and that is only the 1st floor! The second floor features a master suite with a large walk-in closet. Plus a finished bonus room.
3741 sq. ft. \$359,000



Lot 81

613 Hardscrabble Dr.
4 Bedrooms/1.5 Baths
Steve Sapp
Construction

Stately and affordable, this traditional style home features 4 bedrooms and 3 1/2 bathrooms. The master suite has 2 large walk in closets and opens to a private balcony.
3552 sq. ft. \$291,400



Lot 85

621 Hardscrabble Dr.
4 Bedrooms/1.5 Baths
Williams
Construction

A large transitional home which features formal living and dining rooms, with a full-bay breakfast nook and kitchen area and a family room with a 1st floor master suite plus a bonus room.
3899 sq. ft. \$119,900



Lot 192

620 Hardscrabble Dr.
4 Bedrooms/3.5 Baths
Joe F. Berms
Construction

This home has a classic timeless look with a straight forward floor plan. Formal living areas open to the 1st or the 2nd story even casual family spaces in the rear. A great master bedroom suite.
2800 sq. ft. \$300,000



Lot 77

905 Hardscrabble Dr.
4 Bedrooms/2.5 Baths
Glenn and Halls
Construction

"Worth and Heavens," This might may home features a dining room, great room, study with an open family room to the kitchen and breakfast nook. The spacious master suite has a fireplace, his and hers walk-in closets and double vanities. Plus, there is a 3 car garage.
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Lot #9	2.54 acres	\$49,900	Pasture
Lot #15	2.18 acres	\$55,900	Pasture
Lot #14	2.47 acres	\$56,000	Pasture
Lot #15	4.94 acres	\$67,900	Wood/Stream

Lot	Average	Price	Type
Lot #1A	5.71 acres	\$69,900	Wood/Stream
Lot #17	3.41 acres	\$89,900	Lake Front
Lot #21	2.04 acres	\$49,900	Pasture
Lot #22	2.43 acres	\$52,300	Pasture

All property owners in Country Lake Estates have access to the lake from Hardwood Ln. through the common area driveway.

These photos subject to change without notice.

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So what's hot in today's homes? In general, easy-going comfort, as well as rooms that are comfortably "grounded" both in the earth and the past. The quest for comfort grows stronger each year. People are buying something soft they can sink into as a form of rebellion against what they perceive as a tough world filled with constraints and hard edges. In Faith Popcorn's book, *Clicking*, she coined this behavior, "Pleasure Revenge" and "cocooning." In response to the need for protection from the outside, we turn to self-expression on the inside, creating warmth and coziness in our personal environments with our furniture, wall coverings, window treatments and accessories.

Decorating Today's Homes

John Carrasco, Decorating Den

This prevailing style in home furnishings is a relaxed interpretation of luxury. There has been a marriage between the formality of the living room and the casualness of the family room, producing a combination of the best traits of each room. It reflects the way people want to live...being comfortable and at ease with their surroundings without sacrificing elegance and beauty.

Many components go into making this style successful. To begin, the decorating needs to be carefully planned to avoid looking contrived. Things should go together, but not be relentlessly matched. Using harmonious colors and/or a connecting theme is the most effective way of mixing all of the various elements into one pleasing whole.

Does this mean starting from scratch? Thankfully, no. This eclectic style lends itself best



Photo provided by Decorating Den

to a blending of old and new. Sometimes the simple brush of a fresh color to your favorite furnishings will make the difference. New window treatments and pillows can update your room. Other times an overly casual room can be enhanced with some finishing touches such as new slipcovers, the additions of details like bullion fringe, or a new area rug.

Color - The Brightest New Home Fashion Story

Tired of the neutral, natural, bleached and/or washed interior look of recent years? Decorators and consumers alike are demanding a livelier color rendition for their rooms. The new palette is rich and subdued. Soft pastels are out, bright fun colors are in. The influence of nature, earth, water, fire and sky continue to play a dominant role in home furnishings. Yes, the earth tones are back, but not much more beautiful and interesting than we remember from the seventies. The color palette is softer, lighter, cleaner, more com-

continued on page 22

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Did you know that this year marks the 25th anniversary of the "energy crisis" of 1972? Some of you were not even around back then, but those of us that were lived the crisis. We thought that we would be in the dark and cold forever. It didn't happen — in part because conservation became the order of the day. Today we don't hear that much about energy conservation,

Saving Energy In Your Home

Linda H. Wehbaum, Extension Agent,
Family and Consumer Education

but that doesn't mean we shouldn't be doing our part to be conservative. Conservation not only saves energy and money, but also helps us to be more comfortable in our homes. According to the U.S. Department of Energy, heating and cooling are the biggest energy expense for most homes, representing 46% of the tab, on average. After that comes lighting, cooking, and other appliances (24%), hot water (15%), and refrigeration (15%). Now we will take each use and look at how to reduce the amount of energy and money being used.

Heating & Cooling

Air infiltration or air leaks account for the largest waste of energy in a home. Test your window and doors for air-tightness. Move a lit candle around the frames and sashes of your window. If the flame flutters, you need caulking and/or weatherstripping. In many homes, the total volume of air inside the home will replace itself two to four times every hour. Heating and cooling this air can account for up to 40% of the energy cost in such instances. A tiny 1/16 inch crack along the sides and top of a typical doorway, for example, is equal in surface area to a hole in the wall 4 X 4 inches. Another place in your home that loses a lot of heated or cooled air is the wall sockets. Anyone



can place the insulating socket seals over the exposed outlets or switches. All you need is a package of socket sealers for wall outlets and switches, and a standard screwdriver. Don't forget the thermostat. In the winter lower your thermostat to about 65 degrees Fahrenheit during the day and 60 degrees Fahrenheit at night. You can save on your fuel costs for every degree you reduce the average temperature in your home. In the summer, the air conditioner set for about 75 degrees Fahrenheit should be cool enough to keep you comfortable. And it will use nearly 40% less power than an a.c. set to 72 degrees. The use of fans can lower cooling costs and replace air conditioning when temperatures are mild. Fans can be divided into three types: (1) wholehouse fans, (2) ceiling fans and (3) small fans. Fans can make you feel 10 or more degrees cooler but use about one-tenth as much electricity as air conditioning. Your windows can let out or in a lot of heat. In the winter window coverings slow the heat escape through the glass. Uncover your window on sunny days. The sun can help heat your rooms, but in the summer be sure to close out the sun. Awnings can reduce summer solar heat gain up to 65% on south-facing window and up to 77% on west-facing windows. They can be used to control light and to reduce glare. Since they stop the

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INTERIORS

sun's summer heat before it gets inside your house; awnings are about twice as effective as any interior shading treatment. They can provide flexible shading, since they can be custom-made to shade the entire side of a house, or bought in standard sizes for individual windows. Awnings can be fixed in place as a permanent installation. However, before permanent awnings are installed, especially those on south-facing windows, you should make sure that they will not block desirable light from the sun during the winter months.

Lighting, Cooking & Other Appliances

According to the Energy Department, 50% of the power Americans use for lighting is wasted, either because of inefficient equipment or plain old bad habits (like leaving the lights on in unoccupied rooms). To cut the energy cost for lighting, check out compact fluorescent bulbs, which fit into standard light sockets. They cost more to buy, but much less to run, than conventional incandescent lightbulbs. Compact fluorescents are usually four times more efficient than incandescent bulbs with 20 times the life. A compact will last about 10,000 hours compared to the 500 hours of an incandescent. These lights come in small wattage (5 to 27 watts) that produce as much light as standard (25 to 100 watts) incandescent bulbs. When purchasing compact fluorescents look for a replacement of about one-fourth the watts of the incandescent you are currently using. For example, a 15 watt compact fluorescent will produce the same amount of light as a 60 watt incandescent. You can save on energy through decorating. Light colors for walls, rugs, draperies and upholstery reflect light and therefore reduce the amount of artificial light required. Put your floor table and hanging lamps in the corner of a room instead of against a flat wall. In the corner, the lamp will reflect off two walls instead of one. You get more usable light. Cooking can use a lot of energy. Use your microwave oven, pressure cooker, toaster oven, and electric skillet instead of your range or oven. Microwaves consume less energy than conventional ovens and give off less heat. The toaster oven or electric skillet uses about one-fourth the power of a big oven. If you must use your range oven cook more than one thing at the same time. Use the burner on your stove that matches the size of your pot. Never put a small pot on a large burner. Make sure you keep the reflector pans under the burner clean and shiny. They help keep heat on the bottom of the pot. If you cook with electricity, get in the habit of turning off the burners several minutes before the allotted cooking time. The heating element will stay hot long enough to finish the cooking without using more electricity. This also applies to oven cooking.

Other appliances like your dishwasher, clothes washer, and dryer, should be used to its full potential. Make sure the dishwasher and clothes washers are full, but not overloaded, when being used. Never leave appliances running when they're not in use, including a radio, TV or stereo.

Hot Water

- Use hot water sparingly. It's expensive.
- Repair leaky faucets promptly.
 - Do as much household cleaning as possible with cold water.
 - Insulate your hot water storage tank and piping.
 - Install aerators and low-flow shower heads.
 - Wash clothes in warm or cold, rinse in cold.
 - Reduce the water temperature from 140 degrees Fahrenheit to 120 degrees, and you'll cut the heater's energy consumption by nearly 20%.

Refrigerators

Make sure your refrigerator isn't keeping your food colder than necessary. Somewhere between 38 and 40 degrees Fahrenheit should be sufficient for the refrigerator compartment, and zero to 5 below should be icy enough for the freezer. Clean the condenser coils at the back or bottom of your refrigerator or freezer at least once a year. Unplug the fridge and carefully vacuum, brush, or wipe off any dust. Also, make sure the gasket that runs along the door is snugly sealed. For the freezer to function more efficiently it should be filled with food or plastic containers of water. The refrigerator compartment should be a bit less stuffed; it needs room for air to circulate. There are other energy conservation measures that homeowners can make, but it is important to analyze the condition of your home and the availability of products before you make decisions about what to buy or add. Most of the energy issues discussed do not require special skills. These are measures that can be done by the renter or owner. The important thing for the do-it-yourselfer to remember can the change save money and make the living space more comfortable? The North Carolina Cooperative Extension Service helps people improve the quality of their lives by providing research-based information and informal educational opportunities focused on issues and needs. Publications for home owners and renters are available that can give information to help in making decisions on the living environment. To receive more information call 500-0521.

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Spring is a time to do many things for the home lawn and garden. With the early spring we have had this year, many homeowners have had an early start on these tasks. However, do not be fooled by the warm weather. The last freeze in spring in Durham County ranges from about mid-April to mid-May. The average last frost date occurs about the end of April.

Keep these dates in mind when considering the best times to plant your warm season vegetables. Mid- to late April is generally a good time to plant snap and pole beans, cantaloupe, sweet corn, cucumbers, pumpkins, squash, tomato plants, and watermelons. May is usually a good time to plant lima beans, eggplants, okra, sweet and hot pepper plants, and sweet potatoes. Spring is also a good time to plant your warm season lawn. The best time to plant Bermuda grass, zoysia grass, centipede grass, and St. Augustine grass is when all danger of frost has passed, which in Durham County is usually in May. Warm season grasses may be started by seed, sod, or sprigs. The best method depends on the type of warm season grass you want to plant. For established warm season grass lawns, April and May are good times to fertilize and use weed control products. Particular recommendations vary from one type of grass to another.

Other gardening items to do in April and May include pruning azaleas and rhododendrons after flowering, planting of summer bulbs such as daffodils, gladioli, and caladium, and planting of perennial plants so they get established before the really hot weather arrives in summer.

Other gardening items to do in April and May include pruning azaleas and rhododendrons after flowering, planting of summer bulbs such as daffodils, gladioli, and caladium, and planting of perennial plants so they get established before the really hot weather arrives in summer.



Spring is also a time when all types of insects start flying about your yard, and many plant diseases begin to appear in your vegetable garden or landscape. Before you get out the spray can and try to "take" the pest problem, consider another approach.

Integrated pest management, or IPM, is a strategy that uses cultural, biological, and chemical controls to manage pests in an economical and environmentally friendly manner. Some elements of a homeowner IPM program include the following:

1. Take a soil sample and follow the soil test report recommendations. This is a free service and one of the best bargains in town. The best time to take a soil sample is usually in the fall, when most gardening activities are coming to an end. You get a report back from the North Carolina Department of Agriculture which gives lime and fertilizer recommendations based on an analysis of your soil sample, and the type of plants you will be growing. A common mistake homeowners make is over-fertilization. Following the soil test report recommendations avoids this problem, saves you money because you are not putting out more fertilizer than what the plant needs, and reduces fertilizer runoff into our streams.

continued on page 15

LOOKS • LUXURY • LOCATION



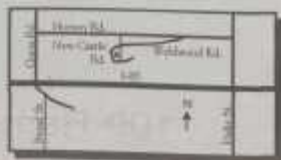
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Spring arrives here with a great flourish in April as a multitude of flowering trees and shrubs burst into bloom. The white blossoms of dogwoods shimmer in the woodland and appear in myriad of hues from red, rose to pink and white brighten gardens and landscapes.

Off the Beaten Path For a Long and Glorious Spring

Jane F. Anderson
Coordinator of Education, The South P. Duke Gardens

A gentle sowing of early blooming trees, shrubs and bulbs has given us joy and hope between the cold blasts of winter weather.

Here in the South we can boast that we can have something in bloom in the garden during every month of the year. Furthermore, with hollies, magnolia, boxwoods, and other broadleaf evergreens, our gardens have a basic framework of greenery throughout the winter months. But unless deciduous trees and shrubs and herbaceous plants are incorporated into the design, a landscape of mostly evergreens can be somewhat dull, lacking the seasonal changes that give vitality, anticipation and interest to the garden scene.

There are many lovely flowering trees and shrubs that can add some sparkle to an evergreen planting. In selecting appropriate plants we should look for suitability to the intended location, adaptability to existing soils, sun and shade conditions, hardiness, size of the plant at maturity, and compatibility with the overall design. Beyond that, we might look for plants to extend the flowering season with trees and shrubs for late and early season bloom.

Surely one of the loveliest winter blooming trees is the Japanese flowering apricot (*Prunus mume*), coming into bloom in early January, with delicate blossoms in white, single or double pink, depending on the cultivar. Plant this small tree in a sunny spot in your garden near a window where you can marvel at its fragrant blossoms opening on warm days in the middle of January. A freezing spell will deactivate open flowers, but new buds are ready to open waiting for another mild day. Another late winter flowering ornamental is the Okame cherry (*Prunus incamp 'Okame'*), coming into bloom at the end of February with a cloud of rose pink bell-shaped flowers, a striking sight against dark evergreens or the muted gray and brown of winter bark and twigs. Underplanted with snowdrops or early catpawds, it is a sight to warm up any winter weary heart.

Many of the early blooming trees and shrubs have delightfully fragrant blossoms, possibly to attract insect pollinators that might be out and about this early in the season, but at the same time this is a powerful enticement for us to get out into the garden to enjoy not only these early flowers but their heady scents. Winter daphne (*Daphne odora*) is a low-mounded, evergreen shrub displays clusters of rose pink blossoms which perfume the air with a delicious luscious scent. Although daphne can be somewhat difficult to grow, it is well worth the effort, by meeting the

continued on page 28



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Spring Garden Tips

Continued from page 9

2. Appropriate plant and variety selection. Choose plants that grow well in our area, and use disease resistant varieties when available.

3. Use good quality planting material. The saying, "You get what you pay for" is usually true here as well.

4. Use good cultural practices. Fertilize and prune at appropriate times. Again vegetable crops when possible.

5. Observe and monitor the plants in your landscape and vegetable garden on a regular basis. By doing this, you can usually spot potential problems before they get out of hand.

6. Identify your problem first before taking corrective action. Is that insect you have been noticing really a pest? Has the damage to your plants reached the point to where you really need to spray? Can you tolerate a little more damage before resorting to a chemical solution?

7. Encourage and conserve beneficial insects, spiders, birds, and other wildlife, such as frogs in your yard. They can help regulate insect populations and help control insect pests. Many publications are available on how to attract beneficial wildlife to your garden.



8. Use mulch and compost. **M** **u** **l** **c** **h** helps conserve soil moisture **a** **n** **d** **r** **e** **d** **u** **c** **e** **s** **w** **e** **e** **d** **g** **r** **o** **w** **t** **h**. Compost is very valuable in building up your soil

and maintaining good soil health. Good soil health leads to strong, vigorous plants, which are better able to resist and tolerate plant pests.

9. If needed, spot treat insect infestations with insecticides first, followed by more extensive spraying only if necessary.

10. If an insecticide is necessary try a B.T. product, insecticidal soap, or horticultural oil where appropriate. These products have much less of an impact on beneficial insects than other commercial insecticides available to the homeowner.

By following these guidelines you can reduce your use of pesticides, while still enjoying a beautiful garden, and have less of an impact on our environment as well.

For a guide on warm season lawns, and for further information on soil sampling, you may call the Master Gardener Volunteer Office of the Durham County Center of the NC Cooperative Extension Service at 560-0528. Trained volunteers are available Monday through Friday, 9:00 a.m. to 4:00 p.m., to provide homeowners with information on lawns and gardens, and to help with questions you may have on these topics.

Please call 560-0535 to receive a copy of the NC Cooperative Extension Service publication, "Extension Teletip". This booklet lists a toll free number you may call to hear recorded messages on a variety of topics, including vegetable gardening, fruits and nuts, flowers, shrubs, lawns and ground covers, and house plants.

THE KEY TO SPRINGTIME FUN AND FASHION

Knowing Where To Find The Early Signs Of Spring.



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Whether buying wooden or upholstered furniture, one piece or several, you will probably find it is a major purchase. That's why it's important to buy wisely. To be sure you get the best quality for your money, do some thinking before you go to the store. Make a plan. Include in the plan measurements - the maximum height, length and width of the area you want to put furniture. Evaluate the furnishings you have now. Decide what type of mood or atmosphere you want to create in the room. Think about the style of furniture you want. Decide what new pieces would make your room complete and what you can afford.

Buying Furniture

By Linda M. Washburn
Extension Agent
Family and Consumer Education

It is not necessary to buy everything at one time. All the furniture in a room does not have to match. Styles can be mixed in your liking. However, if you think you might want to buy matching pieces later, ask the retailer to check if the group is still in production by the manufacturer and ask when the next cutting is scheduled.

Shopping for wood furniture requires a careful eye and a good touch. The first step in making any purchase is to read the manufacturer's hangtag, purchasing furniture is no exception. The Federal Trade Commission requires the manufacturer to indicate what materials have been used and how the piece is constructed. In other words, the hangtag helps tell you what you're getting for your money. It can help you make price and product comparisons. And the hangtag should tell you the kind of care the item will require.

Knowing the terms that appear on the hangtag can help you in your decision making. For

example, "solid cherry" means that all the parts that are exposed are made of solid cherry wood. The frame or other hidden parts may be made of a "lesser" wood such as poplar or gum. Sometimes several different woods are used within a piece of furniture. If this is the case, you will see the phrase "...and other selected hardwoods." Higher priced furniture is usually made of fine hardwoods such as maple, cherry, oak, etc., or "selected" softwoods like pine. Medium priced furniture may have a combination of different exposed woods. Be wary if you see furniture labeled as "hardwood" only.

Solid wood furniture is constructed by using 2- to 4-inch wide strips of wood that has been carefully glued together to form the top, sides and door panels. In fact if you look closely you may be able to see a hairline where the pieces of wood have been joined.

"Veneer" may be another term you will see on the hangtag. Veneering includes putting thin layers of decorative wood on the top of solid-core, plywood, particle board or medium density fiberboard.



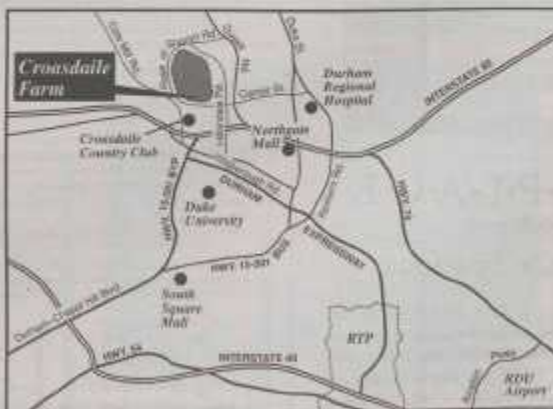
Veneer construction allows great flexibility. The veneering makes it possible to match fine grain patterns and to use inlays to create designs that aren't possible in solid wood. Today, wood furniture in all price ranges is made of veneer construction. In fact, some of the most expensive furniture is veneered.

After reading the hangtag, the next step is to check construction. The best way to do this is by opening and closing

continued on page 14

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Buying Furniture

Continued from page 12

drawers and doors. There are several areas to check on furniture with drawers. The first being the fit, these should be no more than 1/4-inch play when you move the drawer from side to side. Does the drawer glide easily and is there a stop to keep it from being pulled out too much? Now take the drawer out and examine it carefully; it should be smooth on the inside, when pushing down on the bottom it should not buckle, joints should fit tightly. Dovetail joints which have a tooth-like appearance are best. If a French dovetail joint is used it will be visible from the bottom of the drawer only. Both are quality construction. Avoid drawers that are put together with nails.



Another good quality is to have a dust panel to keep articles from getting caught on the drawer above.

If the furniture you're considering has doors, check them for warpage. Doors should swing open evenly without squeaking or rubbing, and they should fit snugly when closed. Push down on the open door. There should be little or no give. Hardware should be secured with screws that go through the door. Keep shopping if you see nails.

There are other details like finish, hardware, corner blocks, hinges and catches, just to name a few, that should be considered before purchasing wooden furniture. For more details about Buying Wooden Furniture call the North Carolina Cooperative Extension Service, Durham Center at 560-0521, for publication NE-336.

Now let's spend some time on what to consider when purchasing upholstered furniture. You cannot determine quality by price alone. A higher price doesn't always mean better construction or guarantee longer wear. One company may be able to produce a quality chair more inexpensively than another company.

Most upholstered furniture consists of a frame, springs or supporting foundation, filling, padding and the fabric covering. Each of these basic parts must be judged to know the overall quality of a piece.

Frame and spring construction are the two most important of good quality upholstered furniture. They essentially determine the life of the furniture. Good frames are made of hardwoods, such as maple, elm and hickory. These woods are strong, stable and absorb shock well. You can not see the frame to determine if it is sturdy, but you can lift the furniture, does it feel sturdy? Grab one of the arms and shake it, the furniture should be strong and stable. Good quality frames should not have knots in the wood. The joints should not be nailed or stapled. The legs should be an extension of the frame. If there is exposed wood, it should be sanded and finished evenly.

Quality furniture will have the double cone coil springs, they give maximum support and comfort. This type of spring is mounted individually on polypropylene webbing and is hand-tied eight ways with strong twine. When tied properly each spring functions semi-independently of the others. As furniture declines in quality, fewer springs may be used, and tied fewer times.

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No-sag springs are used in good quality chairs with tight seats that don't have room for coil springs. This construction will also be used in the back of most good quality chairs and sofas. Polyurethane foam is placed over the springs for comfort and support. In cheaper furniture, manufacturers keep costs down by using fewer no-sag springs. Another type of spring is a drop-in coil spring unit. It is placed in the chair frame to form the seat, rather than clipping each spring separately. Single cone coils are used in these units. They aren't as comfortable or as durable as the double cone coil springs.

Another part of upholstered furniture that you can't see, but makes a big difference in the comfort and durability of the piece is the padding and filling. Padding is used to smooth out rough edges and corners. It also protects the corners and edges of furniture. Polyurethane foam and polyester fibers are the most durable padding materials.

Check the tops of the arms, the corners of the arms, the top back of the cushions, the front rail (front edge where the seat cushions rest) and the corners of the back and outside wing on wing chairs. They should feel smooth, not lumpy or lumpy. You shouldn't be able to feel the wooden edges of the frame through the padding. If you do feel the sharp edges of the frame, the fabric will show wear.

Cushion filling provides the spring support and comfort as it shapes the cushion. Most furniture today uses foam for filling.

Foam is polyurethane and air. The higher a foam's density, the less air in the filling. Studies show, foams that have higher polymer density (pure polyurethane with no compounds added) give better support, are more comfortable and last longer.

Think about your family's needs when you are selecting a fabric. Where and how the piece of furniture will be used will help determine fabric choice. The most important aspect of fabrics is how well they wear. A general rule-of-thumb for both natural and synthetic fabrics is the tighter the weave, the longer the wear.

The following are some techniques you can use to check the sturdiness of fabrics. Hold the fabric to a light, you shouldn't be able to see any light, or at most, only tiny pinpoint of light. Now grip two edges of the fabric, holding your thumbs about 1 to 2 inches apart. Press down on the fabric as hard as you can. If you see the yarns slipping or separating, the construction is weak. Now scratch the fabric with your nails to see if the threads stretch or pull easily. Then take a pencil eraser and rub briskly. If bits of fabric come off, the fabric will pill or form tiny fiber balls. Now check to see if the design is printed or woven. Look at the back. If the back is a solid color and the design isn't evident, it is printed. You can test the design's "stayability" by rubbing it with a white handkerchief. If the color rubs off, don't consider the fabric.

Other things to consider when buying upholstered furniture are fiber content, care of the fabric, and sewing construction. Space does not allow me to go into detail about everything, but for a checklist of features to consider before buying upholstered furniture, call the North Carolina Cooperative Extension Service, Durham Center at 560-0521 and ask for publication HE-330.

The North Carolina Cooperative Extension Service is a unique educational system with support from county, state and federal governments, and close ties to the state's two land grant universities - North Carolina State University and North Carolina A&T State University. The Extension Service provides research-based information and informal education opportunities focused on issues and needs for all citizens of North Carolina.

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Of all the investments you'll ever make, buying a home is probably the largest. As a homeowner you'll complete many routine maintenance projects, of course, to keep everything around your home in good working order and looking its best. But there are even more important improvements that you'll probably want to make to customize your house to your family's needs and truly make it your own.

As the years go by, it's likely that you and your family will experience many changes - in

Home Improvements: Getting The Home You Want And The Most From Your Investment

lifestyle, family dynamics and personal preferences. So the house you bought a few years ago may not continue to suit your family's "altered states." The challenge, then, is to do the projects that have to be done, make plans to make changes that you'd like to make, stay within your budget - and last, but not least, do all this keeping an eye on your home as an investment. No simple task, but by following a few simple guidelines you'll be able to have confidence in your decisions.

This report will highlight:

- First Things First - maintenance projects
- Making Your House Your Home - customizing your home
- Setting Priorities - determining what comes first
- Budgeting For Change - getting specific
- Evaluating Improvements As Investments
- Cost vs. Value



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Budgeting for Home Ownership

from Staff Reports

Perhaps you are just beginning to think about buying a home sometime in the future. Or maybe you have already found a home you would like to buy. Whether you hope to buy a home soon, or in a number of years, it is very important to look at your personal or family financial situation. If you do not have and use a written budget and keep records of your spending and saving, now is the time to begin!

Too often, people think only about saving enough money to get into a house. They forget that the expenses of home ownership can include not only costs such as closing costs, down payment and mortgage payments, but also regular maintenance costs, homeowners insurance, property taxes, repairs, furnishings, major appliances, and much more!

When you begin shopping for a mortgage loan, being able to show your budget and records for each type of home ownership cost will demonstrate, to the lender that you and your family know how to manage money and are good credit risks. First you need to find out exactly what is in your credit record. Ask the nearest credit bureau for a copy of your credit report so that you know what it says. If you find errors, you can ask for corrections. If you've had credit problems in the past, you can learn how to reduce the risk of future problems and improve your credit record through good budgeting and record keeping. Knowing what is in your report before you apply for a loan is a good investment.

Making a Budget

Spell out your financial goals. Look at your net worth and think about how much of your assets you would be willing to use in order to buy a home. If you do not yet have enough money for a down payment and other one-time costs, you will want to increase your savings (and your income, if possible) to help you reach that goal.

If your debt load is too large, your first goal will be to spend less, use less credit, and reduce the amount of debt you owe.

Estimate your gross and net income for the coming year. Look at last year's income and think about possible changes in the coming year. Include only income that you are confident will be available. Also look down the road and think about how stable your income will be for many years of mortgage payments and other housing expenses.



Analyze your current financial situation. Look at your credit situation. Think about each debt and the amount of payments due each month. Ask yourself what changes you must make, or want to make in the coming year. Look at last year's average expenses. Think about each item, and ask yourself what changes you must make, and others that you want to make.

continued on page 24



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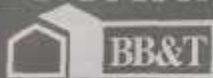
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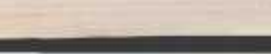
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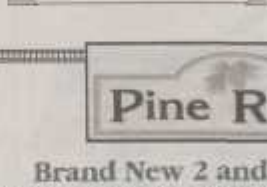
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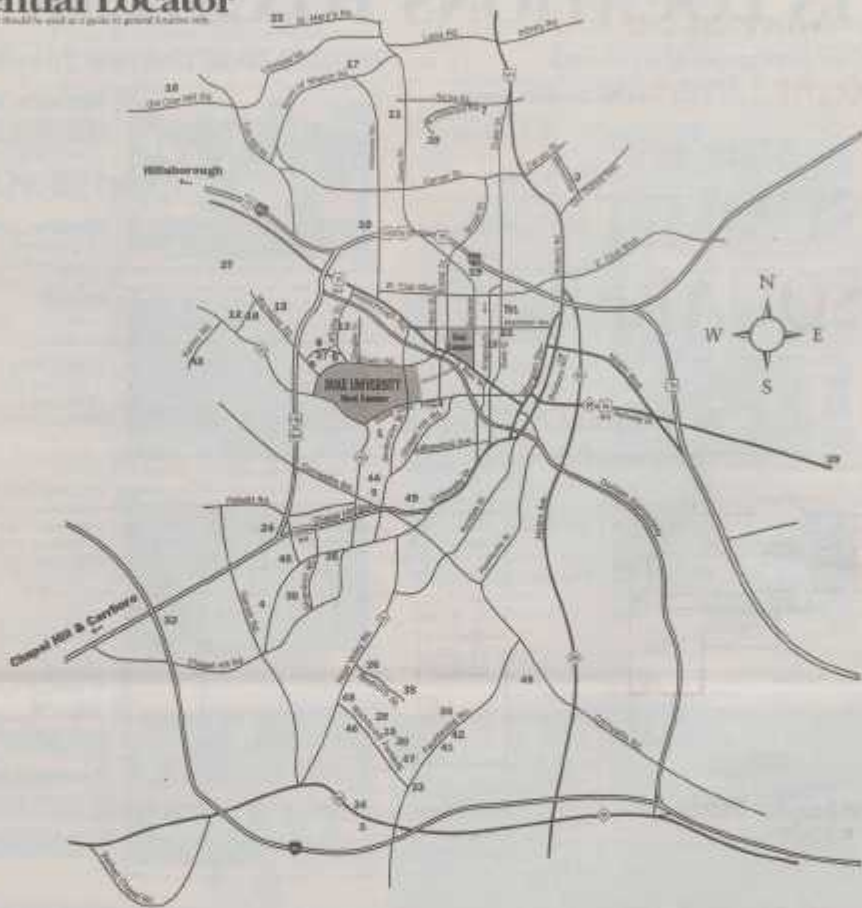
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Decorating Today's Homes

Continued from page 4

fort-oriented for easy living. There is a continuing need for tranquil colors in our homes to help us survive the stress of today's world.

As in nature, green is essential, often doubling as a neutral in supporting the colors in bloom. Sage, moss and celadon are the predominant greens in today's fabrics and color schemes.

Yellow has become the neutral color and the primary influence on the present color palette. Soft buttery yellow lends warmth and comfort to walls serving as background to luscious floral prints of convolvulus, sage green, tawny gold, with accents of aubergine, sherbet, and maybe even a touch of aubergine aqua. Look at your existing decor with an eye for nature and then bring the outdoors inside your home.

Step One in Decorating - Putting It All Together

How does one take the design and color trends of the nineties and apply them to your new or existing home? Where do you begin? Successful decorating begins by developing a "master plan," either alone or with the help of your interior decorator.

Whether you are completing one room at a time or the entire house, the process is the same. First, list your priorities - what rooms or rooms do you want to complete? If you are not sure where to begin, decide in which room your family spends the most time.

Frequently, it is the family room. Start with the number one rooms on your list and consider its present furnishings. Ask yourself if each item is something you will keep or eventually remove

from the overall plan. Make your decorating plan with the future in mind. In the meantime if there are pieces you can't discard yet, there are ways to camouflage them or at least minimize their importance in the room.

Second, determine your budget and time limitations. Determining how much you want to invest in your decorating will guide you in your decisions about buying new furniture, flooring, window treatments and/or working with what you have. Is there a special occasion that is motivating you to do some decorating?

Third, establish a color scheme and the overall feeling you want to create throughout your home. Choose a color you feel comfortable with and complement it with two other coordinating colors. These colors can then be used in varying proportions throughout the whole house.

Color continuity really means that your color scheme should gently flow from one room to another, giving you a very smooth "color transition." Repeating your dominant color at least once in a room is the best way to keep the color flowing. Once you have determined your color palette, you can begin looking at fabrics and wall coverings that feature your color scheme.

Fourth, decide if you are comfortable decorating by yourself or whether you need the services of a professional decorator. Creating the ambience of relaxed luxury and coordinating colors can be an overwhelming task. People are sometimes hesitant to seek the services of an interior decorator, thinking they will be intimidated, or that their home will end up looking like the decorator's, or that it will cost more than they budgeted.

A good decorator cares enough to listen to you, interpret your needs, your color preferences, your feelings, and the way you live. Then by working with your ideas, your decorator can develop a master plan that provides beauty, comfort and good design, all within your own budget.

The right interior decorator saves you time and brings you products, fabrics, furniture and ideas you might not have otherwise thought of using. A good working relationship between an interior decorator and a client is based on mutual understanding and respect. You should be able to say "I really enjoy decorating my home."

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Budgeting for Home Ownership

Continued from page 10

Look at your savings and investments. Think about how much you can set aside each month to increase them.

Make a plan for the use of net income in the coming year. Spell out your planned monthly payments for all long-term debt obligations. Your lender will calculate the percentage of debt payments in comparison with your gross income to see if it falls within specific guidelines. Subtract the amount needed for debt payments from your estimated net income. Write down your monthly estimates for all family living expenses except housing, and figure the total. Subtract this estimated non-housing expenses total from the amount left.

Estimate each of the average monthly housing expenses for a house in the price range you are considering, and figure the total. A lender or realtor can help you estimate mortgage payments (principal and interest), taxes, and insurance. Compare your estimated housing expenses with your estimated available income. Is money still available for savings and investments? If the income available is not equal to or greater than estimated expenses, it's time to reevaluate your situation.

Prepare an actual budget for the coming year that will guide your spending and help you reach your goals. Remember, a budget is a flexible tool to help you reach your goals.

Getting Started

Financial counselors suggest that you take a good look at your current financial situation before you prepare a budget to guide your future spending. Your housing expenses should consume no more than 25-33% of your net income (about one week's income.) If you develop a good budget, but do not keep a record of your expenses, you're wasting your time.

If the budget you've developed shows that you do have enough income to pay both the operating costs and future occasional costs for a home of your own, you're ready to begin looking at houses in your price range. Be sure to study the housing market to determine whether current interest rates and local housing costs are acceptable. Keep good financial records while you wait, and practice planning your purchases, controlling credit use, and increasing your savings. Get in the habit

at the end of each month of comparing your expenses to your budget plan. If you need to you can revise your budget, or you may need to discipline your spending and use of credit; remind yourself to stop and think before you spend money for things that aren't a part of your plan and would delay your reaching your goal of home ownership.



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Renters Need Insurance, Too!

From Staff Reports

Similarly, a renter's liability exposure isn't much different than that of a homeowner. The renter could face a lawsuit because of some accident for which he might be held legally responsible, whether it happened where he was living or elsewhere. For these reasons and many others, renters should carry renter's insurance. However, a recent survey conducted by Cambridge Reports, Inc. for the Insurance Information Institute showed that fewer than three of every 10 renters are insured. The reasons vary, but most renters believe that their landlord's insurance also covers their own personal possessions and their own liability. Yet landlords generally do not provide insurance for their renters.

Many renters don't realize exactly how much they have invested in their personal belongings. After all, how much furniture and clothes can they have in just a typical three- or four-room apartment? But think about it—what would it cost to replace the clothing in your closet alone? \$500? \$500? More? Add to that personal stereo equipment, books, furniture and appliances and the replacement costs might add up into the thousands of dollars!

Finally, many renters believe that they can't afford insurance. However, compared with other forms of insurance, renter's insurance is relatively inexpensive. And, when you consider the high cost of replacing personal belongings or defending a lawsuit and paying a judgment, renters cannot afford to be without insurance. After our cooking disaster, we realized it was too expensive to forego.

What Does Renter's Insurance Cover?

While policies vary from insurer to insurer, most are similar to homeowner's insurance. They cover the renter's furniture, clothing, personal property (clothes, jewelry, appliances, TV, etc.), usually both at home and in other locations. That means that if you and your family are relaxing at the beach and someone breaks into your car or motel room and steals your clothing, you'll be covered just as if the thieves had broken into your rental unit. Note, however, that the specifics of the policy may differ and protection is usually limited to losses resulting from perils that are specifically listed in your policy. Typically these perils will include: fire or lightning; windstorm or hail; explosion; riot or civil commotion; aircraft; vehicle damage; smoke damage; vandalism or malicious mischief; theft; falling objects; weight of ice, snow or sleet; sudden and accidental discharge or overflow of water; sudden and accidental eruption of a hot water heating system; heating; artificially generated electrical current; and glass breakage.

How Much Is "Enough"?

There are at least two ways to determine how much insurance you need on your personal property. One is to take a complete inventory of your possessions by listing each item, when it was acquired and the purchase price or current value. Total this list up and you will have a rough idea of what your personal property is worth. You'll find that this process is handy for maintaining an accurate inventory in case of damage or theft (especially if you include photos of your entries). Put the list in a bank deposit box or some other safe place. Should something "unthinkable" happen, the police and your insurance agent will have something solid and dependable from which to work.

Another way to determine how much insurance you need is to ask your insurance agent to help you estimate the total value of your belongings. Some companies now have ways of determining the approximate cost of

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replacing your possessions based on the size or number of rooms in your rental unit.

Cash Value or Replacement Costs?

Once you've determined the approximate value of your personal belongings you will need to decide whether you want actual cash value coverage or replacement cost coverage. Actual cash value usually means current replacement costs less depreciation. Replacement cost does not deduct for depreciation. In terms of \$1,000 worth of furniture, actual cash value would deduct depreciation costs (say one-third), and present you with a payment of approximately \$666 (\$1,000 less \$334). A replacement cost policy would present a payment of \$1,000.

The answer to the question of which policy to choose might seem obvious. However, replacement cost policies are more expensive than actual cash value policies. Also, coverages on certain type of valuables is limited in terms of dollars. If your valuables are worth more than these limits, you may need special coverage to get full protection. Check with your agent to determine what valuables your renter's policy excludes or limits.

Other Important Coverages

Your renter's policy should also cover three very important areas: personal liability, medical payments and additional living expenses.

Personal liability coverage protects you in case you accidentally cause bodily injury to others or damage the property of others. It usually applies regardless of where the incident occurs and covers relatives who live with you (such as a child, parent, etc.). This coverage also pays legal defense costs and attorney fees if a suit is filed against you. Select a liability limit high enough to protect you—\$100,000 is usually recommended. Amounts of up to a million dollars or more are available.

Medical coverage pays the medical expense of others who are accidentally injured while in your home with your permission, or elsewhere

if the injuries are caused by your actions. Typically these payments are limited to \$1,000-\$5,000. However, liability situations involving renters are not always clear-cut. Both the renter and the landlord might be sued for something which happened in the home or just outside of it. Additional living expenses will cover extra expenses incurred while you and your family are forced to live somewhere else temporarily because of damage to the rental unit. This can include motel and hospital bills, restaurant expenses, etc. (subject to policy restrictions).

Stay 'Up to Date'

Smart renters will periodically review their policies to make sure that they are adequate. Some companies do this automatically, adjusting policy amounts based on the Consumer Price Index or some other inflation indicator. Remember to add major purchases, though. Regardless of your coverage amount, the policy will usually include a deductible provision that applies to property losses. This deductible amount represents how much the renter must pay before insurance payments begin. You can save money on your premium by picking a higher deductible amount. You may not own the building in which you live, but you do own personal property and you have liability exposure—probably more than you realize. You need to protect yourself with renter's insurance. Not doing so may cost you plenty in the long run.

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1107 Midland Terrace



Off the Beaten Path
For a Long and Glorious Spring

Continued from page 8

requirements of well drained, slightly acidic soil and part shade. Winter daytime can be effectively used in foundation plantings tucked in a corner near a walkway or near the front door to give a fragrant welcome to visitors.

Buffered by the vagaries of unpredictable January weather, fragrant wintersweet (*Chimonanthus praecox*) opens its transparent yellow nodding blossoms unclaimed, and lures us into the garden with its lovely fragrance. Fragrant wintersweet is a tall shrub, undemanding in its growth requirements, and most delightful in its flowering during the gray days of winter.

If the brash yellow flowers of forsythia seem too overpowering in your spring garden, you might want to try a more delicate look with buttercup winterhazel (*Corylopsis pauciflora*). Winterhazel comes into bloom in mid March, the entire shrub covered with pendulous clusters of fragrant primrose yellow blossoms. Plant it on the edge of a woodland, in part shade, or among evergreens in the shrub border, where its delicate flowers of soft yellow will gently enliven the early spring garden.

As the season moves into mid-spring with its wealth of flowering, we might consider some of our less common native beauties. Carolina silverbell (*Halesia carolina*) is a graceful medium sized native tree with lovely, white, bell-shaped blossoms in dangling clusters along its branches. It blooms in April and when planted in groupings along the edge of a woodland it provides a picture of ethereal loveliness. There is also a pink flowered form of silverbell which is quite rare and very pret-



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ty in bloom. After flowering, interesting seed capsules are formed which remain effective into fall.

Fringetree (*Chionanthus virginicus*) is a handsome small native tree, or open shrub-like growth, flowering during the latter half of May. The delicate white blossoms consist of thread-like white petals, giving the whole plant a soft airy look. Fringetree can be planted in full sun or light shade, and is suitable near a patio where you can enjoy its fragrance and blossoms close up.

There are many handsome native shrubs which can enhance our gardens through flowers in spring and brightly colored leaves in fall. Dwarf Fothergilla (*Fothergilla gardenii*) blooms in April with interesting white bottle-brush like flowers, sweetly fragrant and the fall color of its leaves is brilliant orange and scarlet. Virginia sweetspire (*Ilex virginica*) is a medium sized shrub with graceful arching branches and long clusters of white flowers from May into June. The leaves turn a bright scarlet color in the fall, and even the winter stems and branches have a reddish tinge. Sweetspire can tolerate moist soils, and under such conditions, a combination of wax myrtle, river birch, and drifts of sweetspire is effective, giving interest in foliage, flower and bark throughout the seasons.



Many of these trees and shrubs are growing and flowering at the Susan P. Duke Gardens. Visit the Gardens not only during their spring time glory, but also during the quiet days of winter when some of the more unusual plants are in bloom. Take a walk through the Duke Gardens to see these plants in landscape settings, admire their flowering, and then make decisions as to their suitability for your own garden.

plants in landscape settings, admire their flowering, and then make decisions as to their suitability for your own garden.

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Home Improvements: Getting The Home You Want And The Most From Your Investment

Continued from page 18

members who only come during the holidays, your housing needs are different than they were a few years ago.

Setting Priorities

After reviewing your list, prioritize your ideas. Sometimes setting a priority is easy: If you need space to sleep five in a two-bedroom house, you may have to postpone the new deck. Other priorities will boil down to personal choice, adding a fireplace and built-ins to the family room this year, building the new sun room the next.

Family dynamics may dictate the scope of some projects: your daughter goes off to college and you have extra space but how you must balance tuition payments with your budget for renovations. Don't forget about creative alternatives: changing the way your house works doesn't always have to involve adding on. Look for ways to use existing space for different purposes to meet new needs. For example, turn an under-used bedroom into a home office, or let the dining room do "double duty" as a library by adding new bookshelves.

It's a good idea before you begin any major projects to devise a "master plan" to determine the order of execution of your projects. Such a plan will allow you to see the "big picture" so you can better understand the overall impact of the changes to your house and on your family — and your budget.

Remember to evaluate your home in terms of "live-in" family members versus those who only visit a few times a year. If you're "empty nesters" with family members who only come during the holidays, your housing needs are different than they were a few years ago.

Budgeting For Change

When budgeting for your improvements, get specific about the details of the project:

- Planning** — Will you design your project or will you pay a designer or architect to help? Determine the scope of the project to get an overall picture of what will be involved. A detailed plan minimizes construction changes — and costs.
- Execution** — Who will actually do the work? Will you hire someone to do all or part of the job or will you be doing most of the labor yourself? Depending on the difficulty of the project, labor can account for a major portion of the total budget.
- Finish Materials, Fixtures, Etc.** — What kind of materials will you use? Choosing marble over plastic laminate, for example, will up the cost of a countertop considerably. Explore the possibilities; then make a decision based on your preferences with consideration for your budget.

If you're planning a major renovation, don't forget to include such incidental expenses as eating out, cleaning, storage, etc. that may be required due to the disruption of your household during construction. (Every little thing adds up!) Thinking these things through ahead of time will allow you to be more realistic about how much a project will cost.

Evaluating Your Improvements As Investments

So far, the projects you've planned sound great on paper. But how do you know if these improvements will add value to your home, and ultimately affect its resale? By comparing your project ideas with information available from a variety of sources — local real estate agents, home improvement publications, contractors, etc. — you'll be able to more accurately evaluate your possible return on investment (the measure of the potential increase in value of your home compared to the cost of making the improvements).

To determine how your improved home would measure up to current market trends, start by educating yourself about the health of the economy in your town and of the real estate market in your own neighborhood. Study real estate brochures. Ask a real estate agent to do a market analysis of recently sold properties in your area. You might even want

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to hire an appraiser to see where your house falls in the range before you begin any major projects.

Ideally, it's a good idea not to let your house get priced out of the market by over-improving it and increasing its value beyond typical houses around you. Investigate what other houses in your area have to offer — number of bedrooms, bathrooms, etc. and plan improvements to be consistent with the quality of that construction. In a strong market you may be able to withstand raising the value of your home above the average; in a weak market, you'd be wise to be more conservative.



Cost vs. Value

Remodeling Magazine recently published a Cost vs. Value Report for 1995-96 evaluating 12 of the most popular remodeling projects and the effect each has on a home's resale value. The information was gathered from working with three major cost-estimating firms and over 300 real estate agents in 60 cities nationwide. Keep in mind that adjustments need to be made for situations unique to your own area.

How Much of the Cost of Remodeling Will Be Recouped?

The national averages shown reflect the percentage that might be recouped if the home is sold within one year of completing each of the 12 projects in the 1995-96 Cost vs. Value Report. Source: REMODELING MAGAZINE, A PUBLICATION OF HANLEY WOOD, INC., PUBLISHER OF BUILDER ON LINE (<http://www.builderonline.com>). Reprinted with permission. To purchase a complete copy of the 1995-96 Cost vs. Value Report (\$7.95), call 202-736-3444.

Data collected over the past few years reflects that two of the projects — updating a kitchen and adding a bath — have consistently yielded paybacks covering the cost of construction (and sometimes even more) as early as one year after completion. Many other projects included in the study were likely to recoup more than 80 percent of their investment after the first year of completion. According to this report, the message is clear — remodeled homes sell better and faster, and the highest payback comes when an older home is updated with the same features found in new homes. The report also indicates that quality construction as well as attention to design details are both important elements in creating successful remodeling projects.

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All of us face a variety of risks to our health as we go about our day-to-day lives. Indoor air pollution is one risk that you can do something about. In the last several years, a growing body of scientific evidence has indicated that the air within homes and other buildings can be more seriously polluted than the outdoor air in even the largest and most industrialized cities. Other research indicates that people spend approximately 90 percent of their time indoors. Thus, for many people, the risks to health may be greater

due to exposure to air pollution indoors than outdoors. In addition, people who may be exposed to indoor air pollutants for the longest periods of time are often those most susceptible to the effects of indoor air pollution. Such groups include the young, the elderly, and the chronically ill, especially those suffering from respiratory or cardiovascular disease.

What Causes Indoor Air Problems?

Indoor pollution sources that release gases or particles into the air are the primary cause of indoor air quality problems in homes. Inadequate ventilation can increase indoor pollutant levels by not bringing in enough outdoor air to dilute emissions from indoor sources and by not carrying indoor air pollutants out of the home. High temperature and humidity levels can also increase concentrations of some pollutants.

Pollutant Sources

There are many sources of indoor air pollution in any home. These include combustion sources such as oil, gas, kerosene, coal, wood, and tobacco products; building materials and furnishings as diverse as deteriorated, asbestos-containing insulation, wet or damp carpet, and cabinetry or furniture made of certain pressed wood products; products for household cleaning and maintenance, personal care, or hobbies; central heating and cooling systems and humidification devices; and outdoor sources such as radon, pesticides, and outdoor air pollution. The relative importance of any single source depends on how much of a given pollutant it emits and how hazardous those emissions are. Some sources, such as building materials, furnishings, and household products like air fresheners, release pollutants more or less continuously. Other sources, related to activities carried out in the home, release pollutants intermittently. These include smoking, the use of unvented or malfunctioning stoves, furnaces, or space heaters, the use of solvents in cleaning and hobby activities, the use of paint strippers in redecorating activities, and the use of cleaning products and pesticides in housekeeping. High pollutant concentrations can remain in the air for long periods after some of these activities.

Indoor Air And Your Health

Health effects from indoor air pollutants may be experienced soon after exposure or, possibly, years later. Immediate effects may show up after a single exposure or repeated exposures. These include irritation of the eyes, nose, and throat; headaches; dizziness; and fatigue. Such immediate effects are usually short-term and reversible. Sometimes the treatment is simply eliminating the person's exposure to the source of the pollution, if it can be identified. Symptoms of some

continued on page 24



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from Staff Reports

Getting utilities hooked up can be a headache for new residents. However, it doesn't have to be. Taking a few moments to review the following information can ease those headaches and save time and stress for those new to the off-campus housing market. Here's where to go and what materials to provide when applying for utility services.

Electricity: You can apply for service any day, 24-hours a day, by calling Duke Power at 362-3200, or by applying in person at 410 Chapel Hill Street (across from the Police Department), 7:30am-5:00pm, Monday-Friday.

Once you apply, Duke Power submits your application to Equifax for credit verification. There are several ways to establish credit. If you are a former Duke Power customer with a prior satisfactory payment record or in North Carolina if you own property and have satisfactory credit, no deposit will be required. If you cannot establish credit with references, you may be asked to pay a deposit ranging from \$125 to \$175. You can waive this deposit by having a current Duke Power customer co-sign for you as a guarantor. The guarantor needs to have current service with Duke Power for at least two years and have a good payment record. Deposits can be paid by cash, check, MasterCard, or Visa. Deposits are refunded with interest after 12 months if you have not had more than two late payments. If the application is approved without deposit, your service can be connected the next business day.

Gas: To apply for gas service, you must take a copy of your lease and an ID to the Public Service Gas Company of North Carolina, Inc., at 400 Cleveland Street. If you are applying for gas heat and water service, the deposit will be based on previous usage at your new address.

Public Service offers several options for fulfilling the deposit requirements. You may pay the deposit outright; you may submit a letter of credit from a major utility company; you may have a current Public Service customer co-sign (provided that customer has good credit with Public Service); or you may ask Public Service to put your credit record. Normally one day is sufficient notice for hook-up. However, during peak seasons (such as the beginning of fall), the hook-up time may be longer. Contact Public Service Gas Company, P.O. Box 2000, Durham, NC 27702 or call 682-5661. Business hours are from 8:00am-5:00pm, Monday through Friday.

Telephone: Telephone service can be established with GTE by calling (800) 463-4300, Monday-Friday from 8:30am-5:00pm, or by applying in person at either the GTE Phone Mart in the Northgate Mall, Monday-Saturday, from 10:00am-9:00pm or the Bill Payment Center, 200 N. Mangum, from 9:00am-5:00pm, Monday-Friday. If you have not had a phone in your name before, your Social Security number may be requested for a credit check or a deposit of \$105 may be required, or you may be asked to come out to the Phone Mart at Northgate Mall to show a picture ID. Regular connection charges are \$42.75 (\$25.85 if a technician must come out to the location). Phone connection normally takes two business days unless a technician must come out to the property.

Water and Sewer: If you own your own home, you can set up water and sewer service with a phone call to the City of Durham (560-4344).

If you are a renter, you must bring a copy of your lease and a deposit to the office in City Hall. The deposit will then be applied to your last bill when you decide to discontinue service.

Cable TV: Cable television service is provided by Cablevision of Durham (800) 259-6565 or 230-4481. At the time of the hook-up, Cablevision requires a payment of an installation fee and one month's service fee. Orders can be placed over the phone with a Social Security number. Connection fees vary. Call Cablevision for more specific information.

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The Inside Story A Guide to Indoor Air Quality

Continued from page 33

diseases, including asthma, hypersensitivity pneumonitis, and humidifier fever, may also show up soon after exposure to some indoor air pollutants. Certain immediate effects are similar to those from colds or other viral diseases, so it is often difficult to determine if the symptoms are a result of exposure to indoor air pollution. For this reason, it is important to pay attention to the time and place the symptoms occur. If the symptoms fade or go away when a person is away from the home and return when the person returns, an effort should be made to identify indoor air sources that may be possible causes. Some effects may be made worse by an inadequate supply of outdoor air or from the heating, cooling, or humidity conditions prevalent in the home. Other health effects may show up either years after exposure has occurred or only after long or repeated periods of exposure. These effects, which include some respiratory diseases, heart disease, and cancer, can be severely debilitating or fatal. It is prudent to try to improve the indoor air quality in your home even if symptoms are not noticeable.

Identifying Air Quality Problems

Some health effects can be useful indicators of an indoor air quality problem, especially if they appear after a person moves to a new residence, remodels or refurnishes a home, or treats a home with pesticides. If you think that you have symptoms that may be related to your home environment, discuss them with your doctor or your local health department to see if they could be caused by indoor air pollution. You

also want to consult a board-certified allergist or an occupational medicine specialist for answers to your questions. Does not necessarily mean that you have an indoor air quality problem, being aware of the type and number of potential sources is an important step toward assessing the air quality in your home. A third way to decide whether your home may have poor indoor air quality is to look at your lifestyle and activities. Human activities can be significant sources of indoor air pollution. Finally, look for signs of problems with the ventilation in your home. Signs that can indicate your home may not have enough ventilation include moisture condensation on windows or walls, sootly or stuffy air, dirty central heating and air-cooling equipment, and areas where books, shoes, or other items become moldy. To detect odors in your home, step outside for a few minutes, and then upon reentering your home, note whether odors are noticeable.

Air Cleaners

There are many types and sizes of air cleaners on the market, ranging from relatively inexpensive table-top models to sophisticated and expensive whole-house systems. Some air cleaners are highly effective at particle removal, while others, including most table-top models, are much less so. Air cleaners are generally not designed to remove gaseous pollutants. The effectiveness of an air cleaner depends on how well it collects pollutants from indoor air (expressed as a percentage efficiency rate) and how much air it draws through the cleaning or filtering element (expressed in cubic feet per minute). A very efficient collector with a low air-circulation rate will not be effective, nor will a cleaner with a high air-circulation rate but a less efficient collector.

Biological Contaminants

Biological contaminants include bacteria, molds, mildew, viruses, animal dander and cat saliva, house dust mites, cockroaches, and pollen. By controlling the relative humidity level in a home, the growth of some sources of biologicals can be minimized. A relative humidity of 30-50 percent is generally recommended for homes. House dust mites, the source of one of the most powerful biological allergens, grow in damp, warm environments.

Household Products

Paints, varnishes, and wax all contain organic solvents, as do many cleaning, disinfecting, cosmetic, degreasing, and hobby products. All of these products can release organic compounds while you are using them, and, to some degree, when they are stored. continued on page 36

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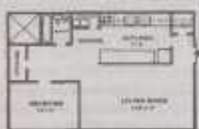
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The Inside Story A Guide to Indoor Air Quality

Continued from page 32

The ability of organic chemicals to cause health effects varies greatly from those that are highly toxic, to those with no known health effect. Eye and respiratory tract irritation, headaches, dizziness, visual disorders, and memory impairment are among the immediate symptoms that some people have experienced soon after exposure to some organics. At present, not much is known about what health effects occur from the levels of organics usually found in homes. Many organic compounds are known to cause cancer in animals; some are suspected of causing, or are known to cause, cancer in humans.

Pesticides

According to a recent survey, 75 percent of U.S. households used at least one pesticide product indoors during the past year. Products used most often are insecticides and disinfectants. Another study suggests that 80 percent of most people's exposure to pesticides occurs indoors and that measurable levels of up to a dozen pesticides have been found in the air inside homes. The amount of pesticides found in homes appears to be greater than can be explained by recent pesticide use in those households; other possible sources include contaminated soil or dust that floats or is tracked in from outside, stored pesticide containers, and household surfaces that collect and then release the pesticides. Pesticides used in and around the home include products to control insects (insecticides), termites (termiticides), rodents (rodenticides), fungi (fungicides), and microbes (disinfectants). They

Health Effects of Household Chemicals

are sold as sprays, liquids, sticks, powders, crystals, balls, and foggers. In 1990, the American Association of Poison Control Centers reported that some 79,000 children were involved in common household pesticide poisonings or exposures. In households with children under five years old, almost one-half stored at least one pesticide product within reach of children. EPA registers pesticides for use and requires manufacturers to put information on the label about when and how to use the pesticide. If you decide to use a pest control company, choose one carefully. Ask for an inspection of your home and get a written control program for evaluation before you sign a contract. The control program should list specific names of pests to be controlled and chemicals to be used; it should also reflect any of your safety concerns. Insist on a proven record of competence and customer satisfaction. Dispose of unwanted pesticides safely. If you have unused or partially used pesticide containers you want to get rid of, dispose of them according to the directions on the label or on special household hazardous waste collection days. If there are no such collection days in your community, work with others to organize them. Keep exposure to moth repellents to a minimum. One pesticide often found in the home is paradichlorobenzene, a commonly used active ingredient in moth repellents. This chemical is known to cause cancer in animals, but substantial scientific uncertainty exists over the effects, if any, of long-term human exposure to paradichlorobenzene. EPA requires that products containing paradichlorobenzene bear warnings such as "avoid breathing vapors" to warn users of potential short-term toxic effects. Where possible, paradichlorobenzene, and items to be protected against moths, should be placed in tanks or other containers that can be stored in areas that are separately ventilated from the home, such as attics and detached garages. Proper ventilation and basic household cleanliness will go a long way toward preventing unpleasant odors.

Health Effects of Asbestos

The most dangerous asbestos fibers are too small to be visible. After they are inhaled, they can remain and accumulate in the lungs. Asbestos can cause lung cancer, mesothelioma (a cancer of the chest and abdominal linings), and asbestosis (irreversible lung scarring that can be fatal). Symptoms of these diseases do not show up until many years after exposure begins. Most people with asbestos-related diseases were exposed to elevated concentrations on the job; some developed disease from exposure to clothing and equipment brought home from job sites.

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Reducing Exposure to Asbestos in Homes

Learn how asbestos problems are created in homes. If you think your home may have asbestos, don't panic! Usually it is best to leave asbestos material that is in good condition alone. Generally, material in good condition will not release asbestos fiber. There is no danger unless fibers are released and inhaled into the lungs. Do not cut, rip, or sand asbestos-containing materials. Leave undamaged materials alone and, to the extent possible, prevent them from being damaged, disturbed, or touched. Periodically inspect for damage or deterioration. Discard damaged or worn asbestos gloves, stove-top pads, or ironing board covers. Check with local health, environmental, or other appropriate officials to find out about proper handling and disposal procedures. If asbestos material is more than slightly damaged, or if you are going to make changes in your home that might disturb it, repair or removal by a professional is needed. Before you have your house remodeled, find out whether asbestos materials are present. When you need to remove or clean up asbestos, use a professionally trained contractor. Select a contractor only after careful discussion of the problems in your home and the steps the contractor will take to clean up or remove them. Consider the option of sealing off the materials instead of removing them.

What About Carpet?

In recent years, a number of consumers have associated a variety of symptoms with the installation of new carpet. If you are installing new carpet, you may wish to take the following steps: Talk to your carpet retailer. Ask for information on emissions from carpet. Ask the retailer to unroll and air out the carpet in a well-ventilated area before installation. Ask for low-emitting adhesives if adhesives are needed. Consider leaving the premises during and immediately after carpet installation. You may wish to schedule the installation when most family members are out. Open doors and windows. Increasing the amount of fresh air in the home will reduce exposure to most chemicals released from carpet. During and after installation, use window fans, room air conditioners, or other mechanical ventilation equipment you may have installed in your house, to exhaust fumes to the outdoors. Keep them running for 48 to 72 hours after the new carpet is installed. Contact your carpet retailer if objectionable odors persist.




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